



Volume 34, Issue 9

September, 2014

September Theme: Formation

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September 7th: "The Water that Sustains Us All: What practice of renewal do you bring to this community?"
Rev. Patty Willis

What do you do that brings you peace in times of difficulty? How do you get into balance when the world is shaky? Our individual practices sustain our community as water sustains our planet. Let us gather for our traditional water ceremony with a new perspective.

September 14th: What Do We Teach? Lessons from the Schools of the Slave Community"
Rev. Patty Willis

The schools in the slave community intended to teach the slaves how to be subservient. As in many situations, what was learned was quite different from what was taught.

September 21st: "Treasure from My Birth Religion -- What I Gained from Growing Up LDS"
Rev. Patty Willis

Some people are born into Unitarian Universalism and many of us come to this faith from other religions. Can we find treasure in our diverse paths to enrich our life together?

September 28th: "Forming Friendship -- Lessons from the *Little Prince and Emerson and Thoreau*"
Rev. Patty Willis

Invite Friends to this service that celebrates the essentials of friendship.

LEADERSHIP DIRECTORY

****For urgent issues please call the main office or the Caring Circle (listed further below)**

DEVELOPMENTAL MINISTER

Rev. Patty Willis Cell #: 801-633-0709
Email: minister@svuus.org

SVUUS BOARD OF TRUSTEES

Lory Schantz (Co. Pres.) 801-572-2586
Cynthia Dobbs (Co. Pres.) 801-979-5951
Edward Granda (Vice Pres.) 801-633-3760
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TRANSITION TEAM

Paul Barron (chair) 801-298-2973
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CHURCH ADMINISTRATOR

Cindy Martin 801-944-9723
Email: admin@svuus.org
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RELIGIOUS EDUCATION

Liz Martin (Director) 801-604-2973
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Office Hours:
Sunday: 9:00 a.m. – 1:00 p.m.
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REGAL COUNCIL

Kris Berg 801-414-3051

CARING CIRCLE

Denna Wright (Chair) 801-274-0756
Email: dennalee1968@gmail.com

SVUUS Web Site

www.svuus.org

SVUUS-NEWS Email List

South Valley maintains a news listserv to facilitate announcements and other communications for the congregation.

If you wish to sign up to receive messages, send a request to Lyn Worthen, listserv administrator, at lynw@xmission.com.

To send a message to the list, simply address it to

svuus-news@mailman.xmission.com

From the Board of Trustees

On behalf of the Board of Trustees of South Valley Unitarian Universalist Society, I would like to thank everyone that assisted in getting our new year off to an amazing start. We look forward to all the wonderful programs and events in the coming year. We couldn't have done it without YOU! Everyone that donated their time, treasures and talents has created a healthy environment of spiritual growth and progress. We hope to continue this trajectory of progress and growth with the help of all our members and friends who consider SVUUS to be a place that fosters spirituality and personal growth. Thank you again for all your love and support.

In Community,

Edward Granda
Vice President, Board of Trustees
South Valley Unitarian Universalist Society

From the Worship Closet

Our theme this month is “formation”. It’s interesting to think about formation related to anything from creating, shaping and developing something psychologically, physically – even to the stunning geologic formations here in Utah. What are you developing into, and how would you like to bring yourself to the formation and continual creation of South Valley?

This month we come together with stories to learn more about one another and our community. We gather for water ceremony, we welcome those who volunteer to teach, we hear from our social justice committee on the last Sunday of this month.

Perhaps, as we each remember places, formations, which have touched us, we can remember that nothing is finished – everything is still being created, forming – as are we.

“The mountains, I become part of it...
The herbs, the fir tree, I become part of it...
The morning mists, the clouds, the gathering waters,
I become part of it.
The wilderness, the dew drops, the pollen....
I become part of it”

-- Navajo chant recorded in “Earth Prayers from Around the World”

Brenda Voisard
Worship Committee



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From Our Minister

September: Beginning Our Year of Discernment

As we reach the two-year anniversary of our shared ministry, we begin a year of discernment about whether our journey will continue together. Practically speaking, we will be deciding if you and I wish to continue our shared ministry on a more permanent basis. Two years ago, the South Valley Board of Directors and I made an agreement to work together for four years in the form of a "Developmental Ministry Contract." This means that you as a congregation decided on specific goals and I agreed to help you fulfill those goals:

Growth -- Attract and retain new members with a goal of five percent net growth per year. Retain current members. Implementing processes to facilitate individual growth from visitor to newcomer to member to active participant.

Financial stability and growth -- Build a culture of generosity and stewardship with existing and new members. Provide a base for organizational responsibilities, paying for adequate staffing, unplanned expenses, and congregational necessities, repaying endowment loans, and expanding our mission to the community. To reach stability we need, at the minimum, to have a ten percent growth in pledge units and dollars for the first three years of the Developmental Ministry. In five years we need to be able to have a strong budget with the ability to fulfill our mission and thrive.

Leadership Development — Nurture talent in both old and new members to step up to leadership positions within the congregation.

Developing a strategic Facilities Plan -- Updates to building, long-term maintenance plan, and improvements to rental management.

Assist the Board of Trustees — Gathering, creating, organizing, and implementing Policies and Procedures to free the Board to focus on mission goals. Focus energy on mission serving congregants and the greater community.

If you are interested in our progress on these goals, I encourage you to read the Minister's Annual Report submitted for our annual meeting in May. Our administrator would be glad to send you a copy if you don't have one. One of the important parts of this next year's discernment will be around these goals. We will be asking ourselves: How are we doing with these goals? (Remember that these are "shared ministry.") Do these goals still seem to be the most important ones? Do we want to add or subtract anything? Do you like the direction we are going? If I or you decide that it is best not to continue on this road together, then we will spend the fourth year defining and implementing the changes that you want to make and search for someone who will be right for you.

Discernment is a formal word. Informally, this process began when I arrived at South Valley. Since that moment, I have imagined that you have wondered, "Who is this person we are now calling our minister? Does her personality and presence in the pulpit suit us? Is she going to take good care of us? Will she be able to help us become spiritually and financially healthy?" And, I have wondered, "What kind of community is South Valley Unitarian Universalist Society? Is this the place where I can fulfill a ministry that I envisioned when I began my also of importance: "Will you treat me with kindness and respect?" and "Can Lou and I be happy here?"

Discernment has to do with the way that we answer these questions. I suppose that we could all give some answers off the top of our heads but that wouldn't be discernment. In order to discern, we need to be in a centered place in which we hold our love for our community together with our vision of the future. In that vision, what do you see? In September, we will begin our church year with South Valley's traditional water ceremony. This time, I'd like for us to ponder our gifts to the congregation in a new way. I believe that our work to sustain ourselves as individuals is a great gift that we bring to each other. These sustaining practices form a basis for discernment. When I sustain myself through meditation, writing, and, bird watching (a marvelous form of meditation), I bring that sustenance to our community. When these activities become a habitual practice then we are able to 'sustain our community from the abundance of our spirits' just as giving in the form of pledging, donating and offering are ways that we "sustain our community through our financial resources."

This autumn, for our check in, I would like to meet with as many of you as I can in small group settings. I would like to hear from you directly about how you are doing and how you are feeling about our shared ministry. I will make times after church and on other days as well. I can even travel to meet with you who are living rather far from the church. I hope to spend time with some of you I have only met in passing. These conversations with you are essential for my own process of discernment.

This year, to prepare for the discernment that will culminate at our Annual Meeting in May, I encourage you to make a practice of doing those things that bring you peace and joy. If we discern in that spirit, then this community will flourish during this year of decision-making.

In love and community,

Rev. Patty

From the Transition Team

We recently attended Salt Lake Acting Company's "Saturday's Voyeur" production. One of the recurring themes used to garner a few laughs was to look at things people used to believe or say, and chalk it up to "They were a product of their times."

That's how I pretty much have looked at my parents. Doing the best they could but influenced heavily by the era and community in which they lived. A few of the more vivid memories I have of them and others in the community, are when they acted in an unexpected, but right, just, even bold way.

In Patty's recent sermon about Theodore Parker, she mentioned how he shook up the eastern Unitarian establishment with his radical views of rejecting the miracles of the Bible and centering religious beliefs upon personal experience. His work in the abolition movement challenged his peers who, even in the North, benefitted from slavery. I don't think he could be considered a product of his times; certainly some exceptional experiences emboldened him to break the mold of the Unitarian theology of his times and community, allowing him to follow his conscience.

Is being a 'product of our times' how any of us would want to be remembered? How can we at South Valley support and embolden each other to follow our consciences? Let us not be considered a product of our times, but let us support each other and strive to live now that progressive vision of what we wish our times to be.

In community,

Paul Barron
Transition Team

News from Welcoming-Membership Team

This church year, Rev. Patty and the Welcoming-Membership Team will again offer the following:
Getting to Know U (for those new to SVUUS)
New to UU (for those interested in membership)

Getting to Know U gatherings are scheduled for September 14th after Sunday services (hosted by Caren Smith & Rev. Patty Willis) and the evening of September 29th during Monday Menus (hosted by Antoinette Rahman & Rev. Patty Willis).

New to UU gatherings will be held when interest arises.

Rev. Patty will also be presenting three UU History classes, September 8th, 15th and 22nd. Look for reminder in the Order of Service announcements.

Caren Smith
Membership

South Valley Caring Circle

The members of the Caring Circle provide practical support and/or pastoral care. Please contact the chair of the committee if you need or know of someone who needs our support. To ask for help you may also use the Caring Book by the name tags. The Caring Book is also for joys and concerns; we hope you will share moments from your lives.

CARING CIRCLE Contact Information

Denna Wright (Chair) 801-274-0756
Email: dennalee1968@gmail.com

Dot Clayton 801-561-4776
Sandy Dreis 801-256-0825
Kathleen Luck 801-567-9062

Religious Education, Growth and Learning

REGISTER NOW FOR RELIGIOUS EDUCATION

Can you believe it? It's that time again! Sunday School classes for children and youth begin on September 14. We kindly request that everyone register their children *every* year so that we have up-to-date contact and emergency information on hand. It is FREE and EASY!

To register, visit: <http://tinyurl.com/SVUUS-RE2014> or visit the Religious Education table downstairs in the Social Hall for a registration form.

BACK-TO-RE! Sunday School Classes Begin September 14!

Preschool (Ages 3-5): "Chalice Children" by Debora Chandler Pratt

This class is designed to help young children learn about their church and their congregation.

Pathfinders (K-1st Graders): "Creating Home," A Tapestry of Faith Program by Jessica York and Christy Olson

This program helps children develop a sense of home that is grounded in faith. It explores questions about the purpose of having a home and the functions a home serves, for us as humans and for other animals. The program speaks of home as a place of belonging and explores the roles each of us play in the homes where we live.

Trailblazers (2nd-3rd Graders): "Moral Tales," A Tapestry of Faith Program by Rev. Alice Anacheka-Nasemann and Elisa Davy Pearmain

Every day our children go forth into a complex world where they are often faced with difficult decisions and situations. Moral Tales attempts to provide children with the spiritual and ethical tools they will need to make choices and take actions reflective of their Unitarian Universalist beliefs and values

Seekers (4th-5th Graders): "Windows & Mirrors," A Tapestry of Faith Program by Gabrielle Farrell, Natalie Fenimore and Dr. Jenice View

"Windows and Mirrors" nurtures children's ability to identify their own experiences and perspectives and to seek out, care about and respect those of others. The program teaches that there are always multiple viewpoints and everyone's viewpoint matters.

Junior High (6th-8th Graders): "Riddle & Mystery" A Tapestry of Faith Program by Richard S. Kimball

The purpose of Riddle and Mystery is to assist youth in their own search for understanding. Each of the sessions introduces and processes a Big Question. The first three echo Paul Gauguin's famous triptych: Where do we come from? What are we? Where are we going? The next ten, including Does God exist? and What happens when you die?, could be found on almost anyone's list of basic life inquiries. The final three are increasingly Unitarian Universalist: Can we ever solve life's mystery? How can I know what to believe? What does Unitarian Universalism mean to me?

High School Group (9th-12th grades): "UU Values in Society"

The High School Youth, with the guidance of their leaders, will be sharing and discussing current events and how our faith can make an impact to shape a better world.

Religious Education, Growth and Learning (cont.)

SEPTEMBER SUNDAY SCHOOL SCHEDULE

September 7:	All-Ages Service, "Ingathering & Water Ceremony"
September 14:	Religious Education Covenant & Kick-off
September 21:	Regular Sunday School classes
September 28:	Sacred Travels Classes = Children's Chapel Youth = Regular Sunday School Classes

* For more information about our curricula and programming, please see our REGAL brochure available in the church lobby, or contact Liz Martin at dre@svuus.

HIGH SCHOOL GROUP NEWS & ACTIVITIES

September 7 th :	Come to the Ingathering Sunday (Water Ceremony) and put your name in a drawing to win gift cards for our Coffee Shop Sundays! Look for Peggy to submit your name. Several winners each month.
September 14 th :	First official day of class! Introductions, classroom covenant and overview of the year. ALSO, Parent meeting from 12:15-1:15 in the Senior High room.
September 21 st :	TED Talk about Body Language and discussion.
September 28 th :	TED Talk about how to speak so people want to listen followed by discussion.

Monday Menus

MONDAY MENUS is back on September 8th:

Our first classes will be: **UU History:** These three classes will explore how Unitarian Universalism began in the 16th century in Poland, Spain and Transylvania and how our history informs our South Valley community in 2014. I hope that you can attend all three classes but you are welcome to come as you can. Contact minister@svuus.org if you would like to attend or sign up on Sunday. Youth are welcome!

Sunday School Teacher Training: September 8th and 15th.

Childcare will be provided and we'll have some fun activities for elementary aged children.

Come meet Amy Vetterli, our new Monday Menus Coordinator. She'll be in the Cottonwood Cafe with sign up sheets and on Monday she'll be cooking up a yummy soup.

Our Fall Monday Menus offerings will also include:

"Claiming Our Religious Pasts and Beginning Anew" with Rev. Patty Willis and Rachel Doyle

Many of us arrived at South Valley after leaving a religion that no longer suited us. Like searching for treasure after a fire, Rachel Doyle and I would like to explore the possibility of claiming the parts of our past that have value. Our process of claiming the good things from our past may form a basis for beginning anew.

"Science & Religion" with Jan Vanderhooft

This course is like a college seminar without homework. Each session will contain an approx. 20 min lesson (introducing concepts and vocabulary). Next will be an approx. 20 min on-line talk or debate involving scientists and/or religious experts. The final 20 minutes will be an open discussion with the participants. Each session will have a guide sheet to help keep track of the ideas presented. The topics will be chosen by the participants either from a list or by request. The first two sessions are titled "Is God a Good Theory." We will examine Sean Carroll's 50 minute on line lecture by the same title. Sean Carroll is professor of physics

at Cal Tech who specializes in cosmology. I, Jan Vanderhooft, have recently retired from teaching chemistry at Brighton High school. I am an atheist with a Master's degree in chemistry and have a lifelong interest in the relationship of science and religion.

"Eat Your Principles!" with Liz Martin

Did you know that the UUA adopted a Statement of Conscience on Ethical Eating: Food and Environmental Justice at GA in 2011? In these workshops, we will examine the Statement and explore the concrete ways we can help the environment with our grocery choices, and eat some YUMMY food each week!

Also in the works:

"UU Theology & Polity" with John Cooper

"Paganism 101" with Mary Norton

Leadership Seminar sponsored by the Leadership Succession Committee

"Let Your Life Speak" with Rev. Patty Willis

News from the South Valley Covenant of UU Pagans (CUUPS)

We are very excited about this coming year. As you might know CUUPS again has the privilege of sponsoring a seminar by Christopher Penczak. It will take place at Lava Hot Springs, Idaho on March 27-29, 2015. There will be room to stay in the conference center at a very good rate. Christopher will be speaking on his book *Mighty Dead*.



Throughout this year we will be hosting many fellowship opportunities for the church and the community. Here is a list of some of the CUUPS events that are coming soon:

- Sept. 6th: Pagan Pride in Murray Park. We will be meeting fellow pagans, selling homemade soap, doing readings and giving out information about Christopher.
- Sept. 14th: Pancake Breakfast. Come join us for the first pancake breakfast of the season. We will have all of your favorites. Come spend some time eating and visiting.
- Oct. 25th: All Hallows Eve Boutique, Psychic Fair and Trick-or-Treat. We will have a boutique and give out treats to the kids at the All Hallows Eve carnival. We may have a health fair and blood donor van at the boutique.
- Oct. 25th: Day of the Dead Dance. Come young and young at heart. Get your costume on! Come dance to a DJ playing your Halloween favorites. The admission is free, but there is a charge for some refreshments and light effects. We will also accept donations. There will be costume contest and door prizes.



**SAVE THE DATE: SVUUS ANNUAL GOODS AND SERVICES AUCTION,
SATURDAY, NOV. 1ST. MORE DETAILS TO COME!!!**

News from the Social Action Council

WORSHIP SERVICE OFFERING SPLIT FOR SEPTEMBER AND OCTOBER: SAFE AND SOUND

In September and October, we are splitting our Sunday Service offerings with Safe and Sound Utah. Safe and Sound is a program which is working to create a network of LGBTQI+ affirming host homes in Utah which are able to take in a youth during a crisis, a group of counselors who can assist on the path toward family reunification where appropriate, and assist on the path to permanent placement or independence otherwise. Safe and Sound is a program of OUTreach, the organization started by our sister church in Ogden, which now has resource centers nationwide. You can learn more about Safe and Sound and OUTreach at <http://www.outreachresourcecenters.org/programs>.

ANNUAL SOCIAL ACTION KICK-OFF Sunday, October 5, 12:15 - 1:15 pm

Bring your energy, enthusiasm, and ideas to our annual Social Action Kick-off Event this year, held after church service on Sunday, October 5. Come learn about our ongoing programs, but more importantly let us know what you are passionate about, what kinds of activities and educational events you would like to see offered this year, and how you would like to get involved as we make plans to impact our broader world and nurture the generous spirit of our church community.

South Valley Social Action Council (SVSAC) plans to sponsor events for all ages, providing opportunities to serve those in need, stand up for social justice, and care for our beloved earth. SVSAC focuses on three primary areas of emphasis, with a representative for each area:

- Compassionate Service -- Led by Elaine Totten (Includes hands-on service opportunities such as Meals for Homeless Youth Program, Food Box Delivery program with the Utah Food Bank, and food drives for Crossroads Urban Center, etc.)
- Social Justice -- Led by Shannon Black (Includes Standing on the Side of Love campaign, LGBTQ rights, advocating for the poor with the Coalition of Religious Communities [CORC], etc.)
- Green and Sustainable World -- Led by April Abate-Adams (Includes recycling program, "greening" our church yard and building, reducing our own carbon footprints, etc.)

There are many ways to get involved such as: 1) Participate in one-time events (i.e., food box packing); 2) Sign up to participate in an ongoing program (i.e., Meals for Homeless Youth); 3) Join a planning group (help green our building or put together a worship service).

Come with your ideas, questions, and enthusiasm! Light refreshments will be served. If you cannot join us for this event, please look for us at the Social Action Information Table in the Social Hall after worship services on the 3rd Sunday of each month, or email Susan Eyzaguirre at eyzsooz@gmail.com

MEALS-FOR-HOMELESS YOUTH PROGRAM

Bake Sale Fundraiser, September 21

We continue to serve 3-4 meals each month at the Homeless Youth Resource Center (HYRC) located in downtown SLC, and periodically prepare "to-go" dinners during Monday Menu activities for the HYRC Outreach program. We will be hosting fundraising bake sales periodically (3rd Sundays of odd-numbered months) to help fund some of these meals. If you are interested in getting involved preparing meals, serving meals, donating food or funds, or helping with our bake sales, please contact Susan Eyzaguirre at eyzsooz@gmail.com

CAFE JUSTO COFFE

South Valley Social Action Council will be selling Cafe Justo coffee after services on the third Sunday of each month in the social hall. Cafe Justo is a coffee-grower coop based in Mexico that is dedicated to fair trade based on transparency, equality, and human dignity. Our support of Cafe Justo aims to curb immigration issues by helping create a viable option for families to stay together in their homelands.

Cafe Justo was started to provide fair and just economic opportunities for coffee growers in Chiapas Mexico. The Cooperative owns a coffee roaster purchased with a loan from The Just Trade Center, and can therefore shift profits from large international companies to the coffee farmers. In addition to decreasing poverty in Mexico, Cafe Justo grows coffee using sustainable practices that are USDA certified organic, and provides health care and retirement benefits. When we buy our coffee from Café Justo we send a message that we care about where our goods come from, how our food is produced, and who our purchases benefit.

Board Liaison Assignments

The Board of Trustees has announced the new board liaison assignments to each committee:

Edward Granda: Ministry

- Transition Team
- Personnel (with Phil)
- Council on Committees

Tom Kimball: Worship and Theology

- Worship Committee
- CUUPS
- Caring Circle

Cynthia Dobbs: Religious Education

- REGAL
- Adult RE
- Small Group Ministry
- Library
- Hospitality

Lory Schantz: Membership Development

- Membership Committee
- Welcoming Group
- Circle Suppers
- Leadership Succession
- will also participate on the Endowment Committee

Christine Hirrill: Stewardship

- Auction
- Other Fundraising
- Pledge Drive
- Facilities—Building and Grounds
- Campout

Phil Quigley: Finance

- Endowment Committee
- Budget
- Finance Council
- Personnel (with Edward)

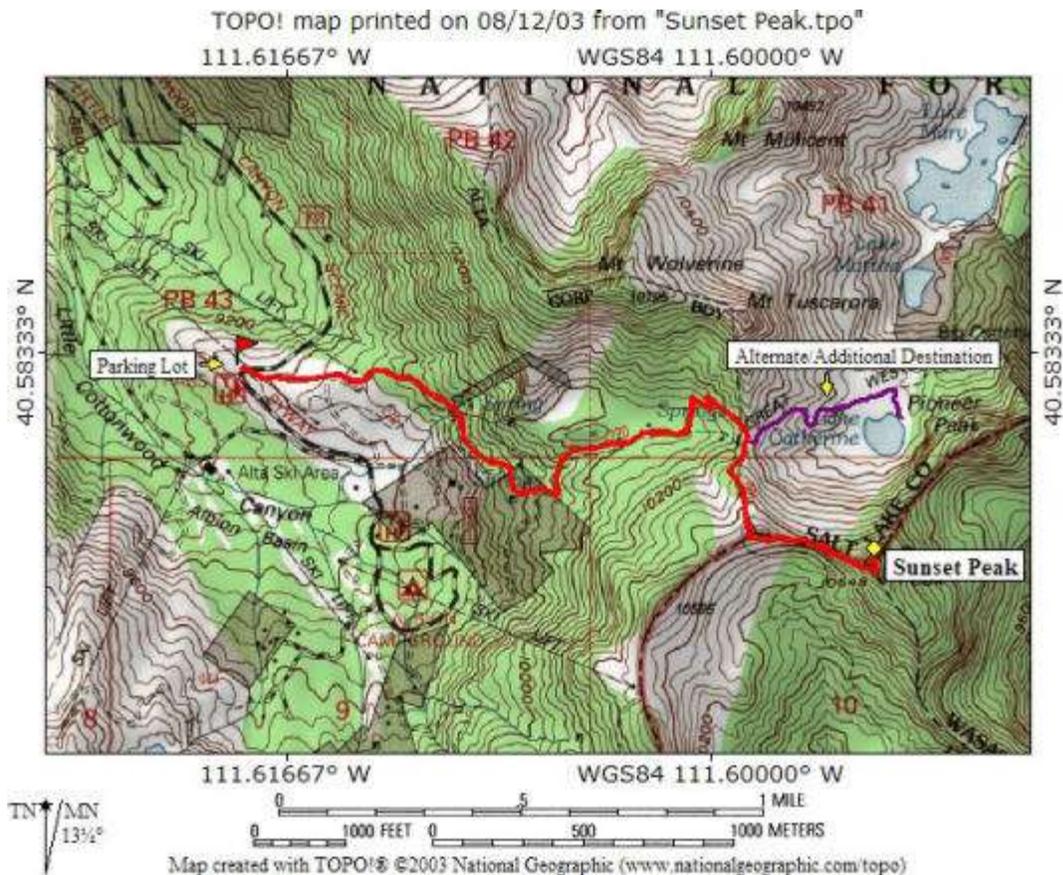
Torrey Longeteig: Communication & Social Action

- Communications Committee, Newsletter, Website
- Social Action Council
- Interweave
- UUSC Denominational Affairs

Catherine's Pass to Sunset Peak Hike

September 27th at 9:00 AM

Come join us for a nice morning hike. We will meet at the church at 9:00 AM and make our way up to the trailhead in Albion Basin located near Alta Ski Resort in Little Cottonwood Canyon. We will be talking about the geology as well as the pioneer history of this area. The hike is approximately 3.5 miles r/t. Sunset peak boasts an awesome 360 degree panorama of the entire area. This hike is moderately steep in places with an elevation gain of approximately 1,400 feet. Please remember to wear good hiking boots, and bring sunscreen, snacks and lots of water.



Co-leaders: Joe Gates and April Abate-Adams. Please RSVP to April Abate-Adams at gneissrxs@gmail.com, or cell 801-232-1339. Limit 20 people.

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Opportunities and Announcements

SVUUS Diner's Group

Saturday, Sept. 6, 7:00 PM

Hello everyone! Just a reminder that for September, the SVUUS Diner's Group will be meeting on September 6th at Aristo's at 7PM. Aristo's is located at 224 S 1300 E in SLC, and the menu can be found [here](#). They work on a reservation system, so I will need a hard count by August 25th so we can get that done early. Thanks so much to everyone that has participated so far and we look forward to having new members join us as well!

Thanks,
Shannon Black
shannoneblack123@gmail.com

Adopt-a-Space Program

Cindy Martin, our office administrator, is the new coordinator for the Adopt-A-Space Program.

She will be checking in with those of you who've already signed up to see if you want to keep the same areas. We have more spaces that need to be adopted. Come and see what areas still need tender loving care before winter sets in.

There will be a map of the church grounds in the Social Hall every Sunday where you can sign up and begin caring for the space. If you already have a space in mind call Cindy and she will check to see if it is available.



Grocery Card Program



The Finance Council has decided to change grocery card sales from every Sunday to once per month, the second Sunday of each month to coincide with the CUUPS Pancake Breakfast. The next opportunity to purchase grocery cards will be on September 14th.

However, if anyone needs cards on another Sunday; we'd be happy to oblige. You can ask a Council member (Joe Gates, Phil Quigley, Derek Larson, David Norton, Lee Cowley, or KC Tabor) and we can arrange for an individual sale.

Save the Date

Sept. 6	Pagan Pride Day, Murray Park
Sept. 6	SVUUS Diner's Group, 6:30 PM
Sept. 7	Ingather & Water Ceremony 10:30 a.m.
Sept. 8	Monday Menus begin
Sept. 14	REGAL programs begin
Sept. 14	CUUPS Pancake Breakfast
Sept. 14	Grocery cards for sale
Sept. 14	Getting to Know U, after services
Sept. 15	Monday Menus
Sept. 21	Meals for Homeless Youth Bake Sale
Sept. 22	Monday Menus
Sept. 27	Catherine's Pass Hike, 9:00 AM
Sept. 29	Monday Menus
Sept. 29	Getting to Know U, at Monday Menus

Upcoming Events

Oct. 5	Social Action Council Kick-off
Oct. 25	All Hallows Eve activities
Oct. 25	Day of the Dead Dance
Nov. 1	Annual South Valley Auction