



Volume 36, Issue 8

August, 2016

August Theme: Sabbath



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August 7: "Peaceful Uprising"

Speakers from Peaceful Uprising

August 14: "'Envisioning a New Kind of Sabbath"

As Unitarian Universalists, what do we need in Sabbath? How do we keep a Sabbath in a way that enriches and empowers our lives?

Rev. Patty Willis

August 21: "Black Lives Matter"

Come and listen to how our denomination is engaging in racial justice. How much do we want to be involved in this movement as a congregation? What does our work for racial justice look like in the state of Utah? What do you think about putting a Black Lives Matter banner in front of our church?

Rev. Patty Willis

August 28: "Spirituality of Spreading Abundance"

We can make a big difference by Supporting Locally Grown food and other local businesses. Bring abundance from your garden to share after the service.

Rev. Patty Willis

From the Board of Trustees

LEADERSHIP DIRECTORY

****For urgent issues please call the main office or the Caring Circle (listed further below)**

MINISTER

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Email: minister@svuus.org

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Dot Clayton (Chair) 801-561-4776
Email: ibedotclay@comcast.net

SVUUS Web Site

www.svuus.org

SVUUS-NEWS Email List

South Valley maintains a news listserv to facilitate announcements and other communications for the congregation.

If you wish to sign up to receive messages, send a request to Lyn Worthen, listserv administrator, at lynw@xmission.com.

To send a message to the list, simply address it to svuus-news@mailman.xmission.com

Dearest Community:

As I write you this, I do so against a backdrop of a mad, chaotic world where anger and frustration seem to be the preferred emotions. Horrific attacks all over the world have torn families apart, Innocent lives have been taken by those most entrusted to protect us, those who feel powerless lash out in a fruitless attempt to gain some form of control, churches enact policies specifically designed to force a choice between family and religion and our political process embarrassingly resembles a professional wrestling match.

It is with this backdrop that I witnessed what I felt was a small reminder that what SVUUS brings to the greater community truly matters. To be honest, I am still having a struggle comprehending just what an amazing moment it was.

A few weeks back, during our church service, an individual stood during introduction time and confided that this visit to our church was the first time that they had ever been able to dress in a manner, outside of the confines of home, that made them feel complete. As they stood and expressed their gratitude for the safe, accepting, judgment free zone that SVUUS provides, I began to choke up (pretty sure the rest of the congregation was feeling much the same). As I stood to applaud the strength and courage being displayed right before my eyes, I couldn't even recall the mess that our world can be.

This rare and poignant moment brought things back into focus. Our efforts to be a beacon of hope and acceptance continue to pay off. What we do, our blood sweat and tears, makes a difference. Our standing, often alone, as a voice of reason and love does not go unnoticed. Because of the efforts of this congregation, courage has a home.

Thank you for your love and community,
Cody Pace (Treasurer)



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From Our Minister

Rev. Patty is on study leave and will return in August.

Worship Closet

Sabbath

By Jan Vanderhooft

The word "Sabbath" conjures three biblical references for me. The first is found in Genesis 2:2-3. Even though my bible does not call it "Sabbath," it is the seventh day when God rested after creating the universe. In Spanish, Saturday is called "Sabado" which looks like the word "Sabbath." This is also clarified in the second reference found in Exodus 20:8-11 and Deut. 5:12-15. This is called the 4th (sometimes 3rd) commandment where God commands his people to work 6 days, not work on the seventh day, and keep it holy. This summer, I am working in the yard every day except Sunday. Somehow it makes sense that people benefit from daily work and change up their routine each Sunday. It works for me.

That said, should this commandment be a part of our legal system? Even in the USA, which is a self declared "Christian" country, this commandment is rarely a local law and even more rarely enforced. However, when the "Sabbath Day" commandment is enforced, it makes news. So, I happily call it the "Sabbath Day" suggestion. It's a good idea to take one day a week to change up your routine. I'd even go so far to say that one day a week is a good timeline to examine your values and worth.

The third biblical reference is found in Mark 2:27. You may recall that Jesus' disciples picked and ate corn on the Sabbath for which Jesus was criticized. Jesus explains that keeping the Sabbath Day holy does not require starvation. So Jesus said, "The Sabbath was made for man and not man for the Sabbath." It is interesting that Jesus uses the passive rather than the active voice here. Do you think Jesus was a bit atheistic, like me? At any rate, I hope you take the "Sabbath" suggestion to heart.

News from the Social Action Council

The offering split for July/August is as follows: The Bicycle Collective

We will be sharing our worship service offerings during the months this summer with The Bicycle Collective, a local organization that shares the virtues of cycling as a sustainable form of transportation and as a cornerstone of a cleaner, healthier, and safer society. The Collective provides refurbished bicycles and educational programs to the community, focusing on children and lower-income household's commuter safety. They also refurbish bicycles for nominal resale and charity, operate bike shops across the Wasatch Front, sponsor bicycle maintenance clinics, provide free bicycle parking at public events, and operate an "earn-a-bike" program for kids.

Prayer Shawl Ministry

The prayer shawl group will hold its next meeting on Thursday, August 18, at 2:00 p.m. in the Senior High Room. Anyone who is interested in knitting or crocheting shawls or afghans to contribute to the Prayer Shawl ministry is welcome to join us. If you are interested and have questions, you can contact me at lorriquigley@msn.com.

Women's Group

Women's Group Gathering for August

Are you interested in making your own bread? Join us on August 20th at 6:00 PM for our next Women's Group. Jill Eichbauer will be our hostess. Jill lives at 2242 East Granite Hills Circle, Sandy 84092. Enjoy some delightful conversation and a light dinner as Jill will go through the process of making homemade bread-sticks and then enjoy a batch of fresh baked bread-sticks! She will be making basic white french bread dough. Those interested can work with the dough at each stage to get a feel for it; then you can feel confident making it yourself. She will also be serving homemade soup. Making bread is easy and fun!

All South Valley women 18 yrs and older are welcome to come. PLEASE RSVP to Cynthia at cdobbs56@gmail.com OR sign up at the Happenings Hubs each Sunday in the social hall. Come and make new friends and reconnect with old ones. Cynthia Dobbs, Women's Group Coordinator

HELP(ers) WANTED!

Have you recently been in need, or been asked for help by a friend at SVUU? Do you value and enjoy participating in events outside of worship services? Do you feel a personal connection to the many missions of Unitarian Universalism and wish you could be more involved? Have you found meaning, joy and deep satisfaction after helping another person? Do you want to meet more people or learn new skills?

If you answered "Yes" to any of these questions, the Helper's Quorum would like to invite you to join us!

Our group is new and our mission is still in-embryo but we hope to provide a network of support and service for members of our SVUU family. We are open to your suggestions and your needs!

Please email Jordan Roberts (jordan.russell.roberts@gmail.com) if you are interested in joining, or if you are in need of help (with a project, a meal, a ride, a tool, a prayer).

Thank you! –Jordan

News from the South Valley Covenant of UU Pagans (CUUPS)

The CUUPS group has a couple of things we are looking forward to this year. The first is a Health fair that will be at the end of October. Many different people will be taking part in this. CUUPS will be having psychic readings and bringing in the Soap Lady.

The second event that we are really looking forward to is a retreat in March with Christopher Penczak. This will take place at Lava Hot Springs again, which was such a beautiful place for a retreat.

Interweave

For those of you who are new, or have not had a chance to join us, Interweave is a nationwide UU organization that works to support LGBTQ persons, and to work towards creating a world where all are treated justly. One does not have to identify as LGBTQ, be Unitarian Universalist, or even "join" to come enjoy time with Salt Lake Interweave. You just have to be supportive, want to understand more about LGBTQ issues, and enjoy spending time with fun, remarkable people. Most of our events are adult gatherings, but we are very open to creating family gatherings if anyone would like to have some. Finally, please feel free to share our gathering information with other like-minded individuals, but please be aware that we are careful to keep this a safe gathering for all. If you wish to be a part of the Facebook group, let me know. It is a private group and mostly used for announcements only.

Religious Education, Growth and Learning

AUGUST SUNDAY SCHOOL SCHEDULE

8/7/2016

“Adventure Tim” & the UU Principles (Ages 10+)

“How Stuff Works” (Ages 4+)

8/14/2016

FIELD DAY & SCOOTER RODEO – Come prepared to play outside!

Please bring a scooter if you have one.

8/21/2016

“Adventure Tim” & the UU Principles (Ages 10+)

“How Stuff Works” (Ages 4+)

8/28/2016

“Adventure Tim” & the UU Principles (Ages 10+)

“How Stuff Works” (Ages 4+)

Opportunities and Announcements

MUSIC CAMP- Register Early

Children in grades one through six (as of Fall 2016) are invited to register for the Music Camp being held at Hilltop United Methodist Church in Sandy (985 East 10600 South) August 8-12. The Camp begins at 8:45 a.m. and ends at 1:00 p.m. and includes lunch! This is a great educational enrichment experience taught by professional musicians. Classes featured are music, art, dance, and drumming.

Registration is \$50, with each additional sibling at only \$30. Music Camp is open to all-bring your friends! You may register online <hilltopumchurch.org>. Contact Michele Starcher (mstarcher12@gmail.com or 740-361-5302) for further information. Music Camp needs volunteers to help serve lunch, and to assist in the classrooms. If you are interested, please contact Roberta Shimensky (music@hilltopumchurch.org).

All Hallows Eve Bootique and Health Fair

Preparations are underway for SVUU’s annual All Hallows Eve Bootique. This year we are planning to add a Health Fair, and we are beginning our search for vendors from the entire spectrum of healing, from the holistic to the traditional Western (allopathic). Are any of you interested in participating? Or, do you know of individuals or organizations that would be interested in participating? This is a “talent search”! (Ann Scarborough is new to Utah and is interested in leads for networking.)

We are collaborating with CUUPS and are hoping to attract more attendees from the Cottonwood Heights community. The calendared date for the event is Saturday, October 29th. If you have ideas or interest, please contact Ann Scarborough at 952-994-1790 (text ok), or annbob.scarborough@gmail.com.

Happenings Hub

Every Sunday after services. Visit our new Happenings Hub in the Social Hall after each Sunday Worship Service to find out about all of the goings-on in our community.

You will find information and signup sheets for all kinds of activities and volunteer groups, such as Monday Menu offerings (our community nights), social action opportunities, hikes, committee needs.

Contact Susan Eyzaguirre eyzsooz@gmail.com for more information.

Our SVUUS CAMPING WEEKEND 2016 is rapidly approaching! In just a little more than a month!

Hello SVUUS Community and Friends!

SAVE THE DATES!

Mark your calendars for this September 2 – 5, 2016 for our Annual Camping Weekend! We will be in the SAME SPOT as last year.

Activities: Various hiking trails, Timpanogos cave, Alpine loop drive, Cascade springs, Fishing in a few small lakes a short drive away or the creek. Potluck dinner Saturday night.

Sunday service followed by a potluck lunch.

Bring board games, chess/checkers, badminton, horse shoes, etc., plus we will also have some arts and crafts activities for the kids and the creatively inclined.

Safety: High altitude (7,400 feet), bright sun & cold fall nights! Bring sunscreen, bug spray /oils, jacket, hat, gloves, etc. Children are the total and full responsibility and in the care of the parents/adults bringing them. Please consider the environment, use bio-degradable soap and pack out all trash.

Campground: Check In 2:00 PM Fri. / Check Out by 1:00 PM Mon. Each slot has a tent site (or two) ADA accessible restrooms (sorry no showers this time). Dogs are allowed/but must be leashed. This is inside the canyon so cell phones will not work at this campground due to canyon walls. There is no electricity either.

We only have ten reserved slots, but were able to fit more in there last year and should be able to fit other folks in, parking, etc. as they come up to the site. If you don't pre-reserve, then you probably will need to get a parking pass at the base of the canyon. Those folks that pre-reserve do not have to ... their parking is included in the fee for the campground area.

★★Registration forms are available at the happenings table downstairs at church, and there is a photo of it on the SVUUS Friends Facebook page.

2016 Annual SVUUS Group Campout Reservation - - - Reservation # 2-32587644

Campground: LITTLE MILL

Site: Group 1

Site Type: GROUP STANDARD NONELECTRIC

Loop: Group Area

State: Utah

Region: F4

Arrival Date: Fri Sep 2 2016

Departure Date: Mon Sep 5 2016

Length of Stay: 3

Primary Occupant: (name on reservation) DEON CORKINS

of Occupants: 50

Equipment: 0

of Vehicles: 10 (can probably fit a few more)

OF PETS: dogs allowed on leash

Check-In Time: 2:00 PM

Check-Out Time: 1:00 PM

See you soon!

~Wendy Newbold~

Save the Date

Sept	2-5	Weekend Campout
Oct	29	All Hallows Eve Bootique & Health Fair

Upcoming Events

August	18	Prayer Shawl Ministry
August	20	Women's Group



South Valley Caring Circle

The members of the Caring Circle provide practical support and/or pastoral care. Please contact the chair of the committee if you need or know of someone who needs our support. To ask for help you may also use the Caring Book by the name tags. The Caring Book is also for joys and concerns; we hope you will share moments from your lives.

CARING CIRCLE Contact Information

Dot Clayton (Chair) 801-561-4776
Email: jbedotclay@comcast.net

Sandy Dreis	801-256-0825
Mel Welliver	801-963-8258
Peter Verschoor	801-944-1653