



# The Beacon

South Valley Unitarian Universalist Society

Volume 36, Issue 9

September, 2016

## September Theme: Reverence



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**September 4: LABOR DAY CAMPOUT** "Building Your Fire and Fanning Your Flame". We will have an interactive service about fire-building and what that could mean. What fires do you want to fan in your lives? We'll have a practical demonstration from Wendy Newbold and Rev. Patty and sharing around the fire!  
**Rev. Patty Willis**

**September 4: "Fireside Stories: Finding and Fanning Your Passions" at Church**  
**Jan Vanderhooft**

**September 11: "Wade in the Water of Peace"**

On the 15th anniversary of September 11th, how does the water we bring sustain peace in the world? After the service we will have time to talk with the police chief of Salt Lake County about making and sustaining peace in our community.  
**Rev. Patty Willis**

**September 18: "How Can we be Instruments of Peace?"**

St. Francis lived in a time of great upheaval, not unlike our own. How can we survive the next months leading up to the election by becoming instruments of peace? What would such an instrument look like?  
**Rev. Patty Willis**

**September 25: "Zen and the Art of Bicycling across the Country":** Bicycles are more than just a machine. They provide a way to see deeply into this complex country of ours. Deborah Dean will bring us wisdom from her adventure going from sea to shining sea on a bicycle.  
**Deborah Dean**

## From the Board of Trustees

### LEADERSHIP DIRECTORY

**\*\*For urgent issues please call the main office or the Caring Circle (listed further below)**

#### MINISTER

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#### REGAL COUNCIL

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#### CARING CIRCLE

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#### SVUUS Web Site

[www.svuus.org](http://www.svuus.org)

#### SVUUS-NEWS Email List

South Valley maintains a news listserv to facilitate announcements and other communications for the congregation.

If you wish to sign up to receive messages, send a request to Lyn Worthen, listserv administrator, at [lynw@xmission.com](mailto:lynw@xmission.com).

To send a message to the list, simply address it to [svuus-news@mailman.xmission.com](mailto:svuus-news@mailman.xmission.com)

It is so nice to have Reverend Patty and Lou back from their time off. I have loved our summer services, and have also enjoyed watching our sanctuary fill up again as more of us return from our summer travels. As a Unitarian Universalist fall for me has always been ripe with excitement, as ministers return and congregations rev up for a new year of R.E. This fall is no different. I look forward to sermons, workshops, classes, gatherings and of course our many celebrations.

I have been a UU for nearly 20 years, so thinking of church as a place to celebrate is now my normal. But this was not always the case. For the first 18 years of my life church was a place of great solemnity, where no one clapped when someone sang beautifully and there was no hospitality after the service. I considered it a very reverent environment. And I'm told the theme for the month of September is reverence, which at a superficial glance may seem like something we UU's know little about. But this is not the case at all.

Only after setting aside the stern dogma of my religious upbringing did I begin to discover what it was to be a truly moral person. Only after I decided that nothing was sacred did I begin to understand what I do indeed hold with reverence. I'm sure many of you can relate to this experience. For many of us Unitarian Universalism is where we find ourselves learning what it is we actually believe, and what it is we want to do about our beliefs. We may not always agree on what the best course of action is, but as Unitarian Universalists we are not content to sit down and stay silent. It is with our actions and our loud voices, not our folded arms and hushed prayers that we as UUs show our reverence. May we continue forward acting out our reverence with compassion for one another and the earth that carries us all. I am deeply grateful for this congregation, and I look forward to being with you in community for a long time to come.

-Ann Hess



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## *From Our Minister*

Minister's Newsletter: Finding Revery  
September 2016  
Monthly theme: Reverence

One of my favorite poems is "To Make a Prairie" by Emily Dickinson:

To make a prairie it takes a clover and one bee,  
One clover, and a bee.  
And revery.  
The revery alone will do,  
If bees are few.

I wonder if the poet of those words ever saw a prairie. She lived most of her life sequestered in Amherst, Massachusetts with her beautiful garden providing a vision of the cosmos that gave birth to her expansive poetry. She felt "revery" simply imagining the immense landscape of the prairie embodied in clover and a bee. Even without a bee, there would be revery. I felt revery this morning when the sun lit up the moving treetops and a flock of geese flew overhead. When do you feel that lively feeling of meditation? Revery is that mysterious component of Emily Dickinson's word painting of a prairie that brings the prairie alive. A new member at South Valley and an artist, Judy Mehr, said to me when she was almost finished with a painting, that it needed air. She was considering how she could add that unseen element that brought life. Could that be revery? Could that element that brings landscapes alive, bring us alive? What is that element for you that enlivens?

In our first service after returning from my study leave, I spoke of Sabbath and the rest that comes following our creative efforts and considered if rest could prepare us for the work of creation. For many of us who are connected with church or school calendars, this is the busiest time of year. In our busyness, when we need so much energy, I believe that we most need to embark on a search for revery. Moments of revery can sneak up on us like the geese flying overhead but mostly I think we have to be intentional. As Judy looks for a way to breathe air into her paintings, we must look for ways to breathe that spaciousness of revery into our every day lives.

Sometimes, I search for revery when I am sitting at a stoplight. Or I take a deep breath before a meal, thinking of all that went into the meal. When my Fit Bit buzzes me to get up and walk, I try to think of revery too. I carve out moments to notice the new periwinkle wall in my office and the painting of aspens in autumn. I try to find that switch within me that is telling me to "do something" and I simply listen. During our services, I have been trying to leave time for you to have room for your own experience. We need bees and clover but in their absence may we find revery.

In love and community,

Rev. Patty



## *News from the Social Action Council*

**The offering split for September/October is as follows: KidsEat**

KidsEat Foundation is a Utah Non-Profit feeding at-risk kids in the Salt Lake Valley. We currently provide backpacks of food for weekend meals.

One in five children are at risk for hunger in our country and Salt Lake City was named # 8 out of 10 of the cities that the children and homeless were most vulnerable to hunger. At the same time this shocking statistic was announced we found that there were many children that attended the Boys and Girls Clubs that were in these ranks. KidsEat! has a mission to locate businesses, churches, and other organizations to donate food to help feed as many of these children on the weekend as they can by providing backpacks filled with 7 meals to keep them from going hungry.

### *Prayer Shawl Ministry*

The prayer shawl group will hold its next meeting on Thursday, September 15, at 2:00 p.m. in the Senior High Room. Anyone who is interested in knitting or crocheting shawls or afghans to contribute to the Prayer Shawl ministry is welcome to join us. If you are interested and have questions, you can contact me at [lorriquigley@msn.com](mailto:lorriquigley@msn.com).

## *News from the South Valley Covenant of UU Pagans (CUUPS)*

South Valley's Covenant of Unitarian Universalist Pagans (CUUPS) will be offering a series of three very special fundraising dinners in preparation for our semi-annual retreat with renowned author and lecturer Christopher Penczak.

**Renaissance Dinner** – 15th Century Banquet Dinner

October (exact date TBA) - \$30 - Costumes are encouraged at this gala affair offering music and a medieval feast including French onion soup, beet salad with arugula and walnuts, mashed potatoes, roasted squash, sautéed mushrooms in garlic wine sauce, chicken legs, and stuffed and baked apples a la mode.

**Dinner in the Dark** – A darkened and blindfolded four course meal

January (exact date TBA) - \$30 - Remove that most important of senses and your others become heightened. We don't want to give away the menu, but be assured of the highest quality and variety. Fun for the entire family (child friendly menu upon request).

**7 Course Meal**

February (exact date TBA) - \$50 - We will pull out all of the stops. This luxurious meal will include a selection of wine, appetizer, soup, salad, sorbet, fish or poultry, a main course with vegetable, and a dessert.

Christopher Penczak will be offering a weekend seminar on his book "The Plant Familiar" at the Aura Soma center in Lava Hot Springs, ID on March 23 - 26.

## *Happenings Hub*

**Every Sunday after services.** Visit our new Happenings Hub in the Social Hall after each Sunday Worship Service to find out about all of the goings-on in our community. You will find information and signup sheets for all kinds of activities and volunteer groups, such as Wellspring Wednesday offerings (our community nights), social action opportunities, hikes, committee needs. Contact Susan Eyzaguirre [eyzsooz@gmail.com](mailto:eyzsooz@gmail.com) for more information.

### *Interweave*

Interweave will be holding its potluck for September on Saturday, 9/10. It will be held at 5 o'clock. The address is 1341 E. Luck Spring Drive, Millcreek, Utah, 84106. Tom Meyer and Sam Forlenza.

## *Religious Education, Growth and Learning*

It's "Back to RE" Time! Our regular church year Sunday School classes begin on September 18!

This year's classes will be studying the following curriculum, and K-5th graders will meet in Children's Chapel once a month to learn more about World Religions!

Preschool (Ages 3-4)

Chalice Children

<http://www.uua.org/re/tapestry/children/chalicechildren>

Pathfinders (K-1st grade, ages 5-6)

World of Wonder

<http://www.uua.org/re/tapestry/children/wonder>

Trailblazers (2nd-3rd grade, ages 7-8)

Signs of Our Faith

<http://www.uua.org/re/tapestry/children/signs>

Seekers (4th-5th grade, ages 9-10)

Sing to the Power

<http://www.uua.org/re/tapestry/children/sing>

Junior High (6th-8th grade, ages 11-13)

Neighboring Faiths

High School (9th-12th grade, ages 14-18)

UU Values and Current Events

**EVER THOUGHT ABOUT BEING ON A SUNDAY SCHOOL TEACHING TEAM?**

We have a few spots left to fill on our roster of awesome folks who work with our community's greatest asset - our children and youth. If you are looking to have fun, learn, grow, and make new friends...this might be the best way to share your "willing hands" with SVUUS! Please let Liz Martin, DRE, know if you are interested in learning more! [DRE@SVUUS.ORG](mailto:DRE@SVUUS.ORG)

RE Teacher Orientation Nights! Monday, September 12 and Monday, September 19, from 7:00-9:00 p.m.



## *Opportunities and Announcements*

### **All Hallows Eve Bootique and Health Fair**

Preparations are underway for SVUU's annual All Hallows Eve Bootique. This year we are planning to add a Health Fair, and we are beginning our search for vendors from the entire spectrum of healing, from the holistic to the traditional Western (allopathic). Are any of you interested in participating? Or, do you know of individuals or organizations that would be interested in participating? This is a "talent search"! (Ann Scarborough is new to Utah and is interested in leads for networking.)

We are collaborating with CUUPS and are hoping to attract more attendees from the Cottonwood Heights community. The calendared date for the event is Saturday, October 29<sup>th</sup>. If you have ideas or interest, please contact Ann Scarborough at 952-994-1790 (text ok), or [annbob.scarborough@gmail.com](mailto:annbob.scarborough@gmail.com).

### **Fall Colors Hike - Saturday, September 17**

Lake Blanche (Mill B), Big Cottonwood Canyon

Intermediate-level hike to location depicted in our sanctuary's painting. Meet at 8:30 am at Mill B Trailhead.

**SAVE THE DATE - The Annual Goods and Services Auction** is scheduled for Saturday, November 12. Be thinking about your donation this year. Watch for more details soon!

### **Girls Night Out**

SAVE THE DATE! Thursday, September 29<sup>th</sup> at 7:00 pm. Location TBD. Hosted by Wendy Newbold.

### **Emergency Response Team**

South Valley is forming an emergency response team (ERT), and we welcome any Friend or Member to come on board and help us get organized. The ERT will be responsible for ensuring facility security and safety for those who attend SVUUS for any reason. We will address issues surrounding medical, weather, fire and unanticipated-event emergencies.

You do not need any first-responder or law enforcement experience to be valuable to the ERT. We will have support from Salt Lake County Sheriff Dept and SLPD. Once we are squared away, any one person's time on the ERT should be minimal. Thanks for considering the ERT as your volunteer time and talent contribution! Contact Caren Smith at [smitharies@yahoo.com](mailto:smitharies@yahoo.com)

### **Community Chat on September 18th to Choose Our Christmas Gift!**

On September 18th at 12:30 p.m. in the sanctuary, we will be talking about options for our Christmas Campaign this year. This is how we bought a new carpet in the sanctuary and new beautiful bathrooms off the Cottonwood Cafe. This year, how would you like to spiff up South Valley? Come with your ideas and your passion!

### **EXCITING NEWS!**

On Sept. 20, there will be a Ken Burns special "Defying the Nazis" on PBS. More details will be forthcoming. Mark your calendars. What an amazing event.

~ Connee Gates

**Order your SVUUS t-shirts** at the Happenings Hub after Sunday services. There are 4 colors to choose from and we have adult and children sizes. Shirts are \$16 each, payable in cash or check. All profits from t-shirt sales will go to the South Valley Music Department

**Our SVUUS CAMPING WEEKEND 2016** is rapidly approaching!

**SAVE THE DATES!** Hello SVUUS Community and Friends!

Mark your calendars for this September 2 – 5, 2016 for our Annual Camping Weekend! We will be in the SAME SPOT as last year.

Activities: Various hiking trails, Timpanogos cave, Alpine loop drive, Cascade springs, Fishing in a few small lakes a short drive away or the creek. Potluck dinner Saturday night.

**Sunday service followed by a potluck lunch.**

Bring board games, chess/checkers, badminton, horse shoes, etc., plus we will also have some arts and crafts activities for the kids and the creatively inclined.

Safety: High altitude (7,400 feet), bright sun & cold fall nights! Bring sunscreen, bug spray /oils, jacket, hat, gloves, etc. Children are the total and full responsibility and in the care of the parents/adults bringing them. Please consider the environment, use bio-degradable soap and pack out all trash.

Campground: Check In 2:00 PM Fri. / Check Out by 1:00 PM Mon. Each slot has a tent site (or two) ADA accessible restrooms (sorry no showers this time). Dogs are allowed/but must be leashed. This is inside the canyon so cell phones will not work at this campground due to canyon walls. There is no electricity either.

We only have ten reserved slots, but were able to fit more in there last year and should be able to fit other folks in, parking, etc. as they come up to the site. If you don't pre-reserve, then you probably will need to get a parking pass at the base of the canyon. Those folks that pre-reserve do not have to ... their parking is included in the fee for the campground area.

★★Registration forms are available at the happenings table downstairs at church, and there is a photo of it on the SVUUS Friends Facebook page.

2016 Annual SVUUS Group Campout Reservation - - - Reservation # 2-32587644

Campground: LITTLE MILL  
 Site Type: GROUP STANDARD NONELECTRIC  
 State: Utah  
 Arrival Date: Fri Sep 2 2016  
 Primary Occupant: (name on reservation) DEON CORKINS  
 # of Occupants: 50  
 # of Vehicles: 10 (can probably fit a few more)  
 Check-In Time: 2:00 PM

Site: Group 1  
 Loop: Group Area  
 Region: F4  
 Departure Date: Mon Sep 5 2016  
 Length of Stay: 3  
 Equipment: 0  
 # Of Pets: Dogs allowed on leash  
 Check-Out Time: 1:00 PM

See you soon!  
 ~Wendy Newbold~



**Save the Date**

October	29	All Hallows Eve Boutique & Health Fair
November	12	Annual Goods and Services Auction

**Upcoming Events**

September	2-5	Weekend Campout
September	10	Interweave Potluck
September	15	Prayer Shawl Ministry
September	18	Community Chat
September	20	Defying the Nazis
September	29	Girls Night Out

**South Valley Caring Circle**

The members of the Caring Circle provide practical support and/or pastoral care. Please contact the chair of the committee if you need or know of someone who needs our support. To ask for help you may also use the Caring Book by the name tags. The Caring Book is also for joys and concerns; we hope you will share moments from your lives.

**CARING CIRCLE**  
Contact Information

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