

The Beacon

Wisdom



Keepers

South Valley Unitarian Universalist Society

Volume 37, Issue 11

November, 2017

November Theme: Wisdom Keepers



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November 5: "Wisdom for the Road Ahead: Listening to a Native American Elder"

Wisdom for the Road Ahead: Listening to a Native American Elder. During this service, we will recount the creation story of the Ute people and listen to one of their elders, Forest Cuch, talk to us from his perspective about the world around us and what we need to do for the future of this Earth.

Rev. Patty Willis

November 12: "Emerson's Mind on Fire: Weaving Great Thinkers into our Web of Community"

Let us consider the ideas that catapulted Ralph Waldo Emerson out of Unitarian ministry and into the world of ground-breaking ideas.

Rev. Patty Willis

November 19: "Bread Ceremony: Is there Bread for All?"

Together let us give thanks for the bounty of our lives and consider the small and large ways we can give to those who are without.

Rev. Patty Willis

November 26: "Wisdom Keepers: UU Sources"

Three members of our community will speak of their gratitude for the teachers and mentors.

LEADERSHIP DIRECTORY

****For urgent issues please call the main office or the Caring Circle (listed further below)**

MINISTER

Rev. Patty Willis Cell #: 801-633-0709
Email: minister@svuus.org

SVUUS BOARD OF TRUSTEES

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REGAL COUNCIL

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CARING CIRCLE

Dot Clayton (Chair) 801-561-4776
Email: ibedotclay@comcast.net

SVUUS Web Site

www.svuus.org

SVUUS News & Community Email Lists

South Valley has two email lists, one for official announcements and the other for communications within the congregation.

If you wish to sign up for either or both of these lists, please visit: www.svuus.org/our-community/online/

To send a message to the list, simply address it to: news.svuus.org

*From the Board of Trustees***Message from the Board**

Autumn is once again upon us and with it our Earth begins the incredible transformation that will see it safely through the long winter. Unbeknownst to most of us, the seeds of spring are already sown gently beneath the blanket of white. Their potential, working away unseen in the darkness, will bring forth the colorful explosion of life that will greet us in the near future. Have you stopped to notice?

Much like the workings of our Mother, most of our hard work takes place long before the rewards are realized. Our Annual Goods and Services Auction is one of these events and like a packet of seeds, spread into the wind, impacts our lives all year round.

This event takes involvement and dedication from an amazing network of volunteers that labor, metaphorically in the dark, to ensure that our community hosts an event that is worthy of not only attending, but inviting family and friends to join us and experience the best of South Valley. This event also funds nearly 10% of our yearly activities and ensures that the programs that make South Valley great can grow and share our message of love, involvement and hope within the greater community.

Please join us on November 11th, 2017. We will be having a very groovy time and sowing a few seeds that will immediately begin the work needed to help transform our future world into a multi-color explosion. For most, the transformation will appear magical. We will know that all magic begins with a few seeds and a lot of hard work.

Cody Pace

SVUUS Treasurer & Board Member



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From Our Minister

Minister's Newsletter for November, 2017

Where is Wisdom?

November Monthly Theme: Wisdom Keepers

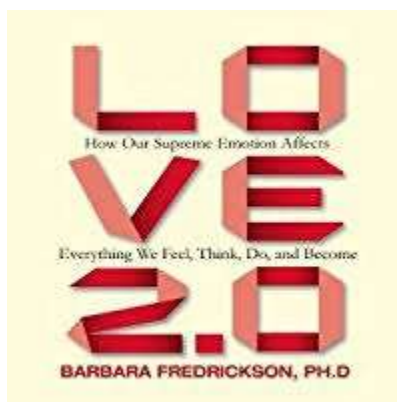
Lou's mother Joy was a wisdom keeper. When I was faced with the decision about whether or not to go to Salt Lake City and serve the South Valley community as a minister, I asked her, "What do you think about our moving to Salt Lake City?" She responded that she would pray. The next morning, she said, "I don't have a clear answer. I can only say that I don't think it will be a bad decision." Even though she wanted us very much to be living near her, she was not certain that Salt Lake was right for us. Since she died three years ago, we have missed her sense of humor and lightness and her wisdom.

During the past five years, I have received your wisdom and I hope that you have received mine. This giving and receiving wisdom can catch us at our most vulnerable: what if our wisdom isn't applicable to others? I can think of times when I offered wisdom or a place for someone to find inner wisdom. I can remember times when I wasn't right. I have sometimes told you of books that were sources of wisdom for me and you didn't find them helpful at all. Sometimes, like this summer, when Phil Quigley recommended a book to me like *Love 2.0, How Our Supreme Emotion Affects Everything We Feel, Think, Do, and Become* by Barbara L. Fredrickson, I found transformative wisdom in it. This book made me understand what I have experienced over and over in my life: the micro-moments of connection with strangers and people I have lived with for decades. These are times when our hearts are open and we are completely present to another human who is being present. The wisdom of this book introduced a ritual to our household: at night we think about those moments we had during the day. Thanks to our dog Louie, I experience many such moments during our walks as dog owners have opened themselves to having Louie meet their dog. This can take under five seconds but during that time, we catch the dog owners' eyes and experience what I have learned, thanks to this book, to recognize as love. When I come home from our Sunday services, Wellspring Wednesdays and the Community Health Fair I have had many such moments to recount. I invite you to begin a practice of recounting these moments at night before you sleep. These could be what you carry with you into dreamland instead of the terrifying news.

Thank you, Phil, and all of you who have given of your wisdom. May we continue to be ready to give and receive what may or may not be wisdom to others. And, may we be ready to be present and create more and more of those micro-moments that are love.

In love and community,

Patty





NOVEMBER 11, 2017 – 6pm-10pm

South Valley UU Society has held a combination auction/party/celebration each year for many years, perhaps even as far back as the 1980's when the church had just been founded. Over time, as you can imagine, the Auction has grown and grown and so have the fundraising results. Last year---thanks to the hard work of SV folks who worked on ten different teams and night-of volunteers as well---we raised (after expenses) approximately \$14,000.

The Auction is a great chance to:

- get to know more folks in our Beloved Community.
- get to support and nurture the financial health of South Valley.
- enjoy a great party!
- use your resources and creativity to donate all kinds of spectacular services, parties and just about any *thing* you can imagine to the Auction.
- enjoy a great show (*lots of music and laughter*) and the company of a great bunch of Unitarian Universalists.

Register, buy tickets, and make donations using the link on the community list-serve email OR in the Cottonwood café after Sunday services.

We are looking for 100% participation this year! Put the date on your calendars. Dust off your love beads. Maybe buy a pair of bell bottoms? *There will be a Costume Contest!* And ... *everybody get together, all our brothers and sisters!* See you at the AUCTION OF LOVE!

(If you have any questions, contact Caren Smith at smitharies@yahoo.com or Melissa Hawthorne mcihawthorne@yahoo.com or David Lane david.j.lane@comcast.net)

Opportunities and Announcements

Prayer Shawl Ministry

The prayer shawl group will hold its next meeting on Thursday, November 16th, at 2:00 p.m. in the Senior High Room. Anyone who is interested in knitting or crocheting shawls or afghans to contribute to the Prayer Shawl ministry is welcome to join us. If you are interested and have questions, you can contact me at lorriquigley@msn.com.

Happenings Hub

Every Sunday after service. Visit our new Happenings Hub in the Social Hall after each Sunday Worship Service to find out about all of the goings-on in our community. You will find information and signup sheets for all kinds of activities and volunteer groups, such as Wellspring Wednesday offerings (our community nights), social action opportunities, hikes, committee needs. Contact Susan Eyzaguirre eyzsooz@gmail.com for more information.

November - December Offering Split

Hurricane Maria Community Relief & Recovery Fund

In the spirit of serving our wider community, we share our Sunday morning Worship Service offering with a charitable organization whose works align with our values and principles. For November and December we will donate half of our Sunday worship offerings to the **Hurricane Maria Community Relief & Recovery Fund**, created to help the most vulnerable communities that have faced the worst destruction and have fewer resources to aid in their recovery. All donations to this fund (100%) will be used to support immediate relief or long-term rebuilding for the Puerto Rican communities hit hardest by the storm. Aside from initial emergency funding, grants from this "Maria Fund" will be decided by a committee made up entirely of Puerto Ricans. In addition to delivering critically needed supplies, this organization has already given grants to local Puerto Rican organizations that are providing immediate relief supplies and services, while laying the foundation for an equitable rebuilding.

Volunteers Needed

To help with Streaming the Sunday Services. Please contact Ann Hess at annhess360@gmail.com . Thank you.

Circle Suppers

The Circle Suppers Revival!

The theme for South Valley UUS this year is "Weaving the Web of Community". We have had many requests to bring back the Circle Supper groups that met regularly for many years, so this revival is beginning now. We are reaching out to people to host these small groups, and the intent is to have one Circle Supper meet before the end of December, with the same group meeting a second time before March 2018. If you would like to volunteer to host, please contact Lorri Quigley at lorriquigley@msn.com.

The Board welcomes feedback from the community, so please share your ideas and suggestions as you experience these Circle Supper groups. If you are not contacted for a group and WANT to participate, again, please contact Lorri. We don't want anyone to feel left out!

Wellspring Wednesday

The fall session of Wellspring Wednesdays is in full swing and will continue through November 22nd. Each week features a different Do-It-Yourself (DIY) theme (pie baking, knit/crochet, beaded snowflakes, holiday cards) along with these three standing classes:

Geology of Utah with Joe Gates - A Visual Tour: Geologic history of Utah will be reviewed in six stages, featuring photos, diagrams, and maps. Class is both informational and entertaining and has been taught at the Osher Institute at the U of U Continuing Education Division.

Strategy Games with Paul Carlson

- Games from all over the world will be played. Paul will bring multi-player and 2-player games, as well as the very popular co-operative games for those who don't like the competitive aspects of gaming. Paul has over 35 years of experience playing and teaching games so come and learn something new from a professional Gamer-Geek.

Echoes in the Canyons and from Deep in the Mines: A Multicultural History of Utah with Rev. Patty Willis - Do you think of Utah as having a white pioneer past and a homogeneous society? You may be seeing only part of the story! In alignment with South Valley's theme for the year "Weaving the Web of Community" let us learn about the diverse people who have occupied and built this state.

Each Wednesday starts with vegan soup served at 6:00 pm, and classes are in session from 6:30 to 8:00. Childcare is provided during class time. Soup, childcare, and most classes are FREE. Registration is not required to attend, and the standing classes can be joined anytime during the fall schedule.

Christine Hirrill is at the Wellspring Wednesday table in the Social Hall to answer questions and listen to suggestions for future classes after service every Sunday. The fall schedule is online here: <https://www.svuus.org/wp-content/uploads/2015/03/WW-Brochure-Fall-2017smaller.pdf>

Auction of Love

Keep those donations coming!

Hi Everyone,

Believe it or not, we are behind on donations for the auction and we are in critical need for everyone to step up!! The Auction of Love is Saturday, November 11th, and the deadline for donating is Sunday, November 5th at midnight.

Go to our online form to donate. It's easy! Type auction.svuus.org into your browser

Our website will have donations already offered, parties to throw, gift baskets, items offered at our auction. We need you to donate also. Get creative!

Second, remember that you can dress up in costume, "Auction of Love", and that is half the fun!! The kids (13 years old and under) will have dinner and kids' activities downstairs; adults will have dinner upstairs.

Finally, remember that this will be the party of the year, and you won't want to miss it!!! Not only is the auction a blast, but there is live entertainment and with the bar, dinner for adults, dinner and activities for kids, you can't help but have fun!!! All with fabulous friends and people to meet!!! SO make sure to buy your tickets and come ready to party!!

South Valley Unitarian Universalist Society's Women's Group!

Good news! We are beginning a new SVUUS Women's Group! The SVUUS Women's Group will meet the first Wednesday of every month (as part of Wellspring Wednesday) to share food and discussion. Every meeting will have a theme in which the conversation will be centered around. ALL women ages 18+ are invited! Our first meeting will be Wednesday, November 1st 6:30-8 pm during Wellspring Wednesday. We will meet in the sanctuary. Childcare will be provided.

Join the SVUUS Young Adult Group!

Ages 18-30ish - The SVUUS Young Adult Group meets once a month to meet for friendship, socializing, spiritual discussion, and deep thinking. Every other month we switch between a purely social activity and a spiritual discussion at the church.

This month, please join us on **November 9th** for our spiritual discussion on the topic of "Faith". We will meet in the Senior High room at 7 pm.

Email alaina@robhendricks.net for more information or to be added to our email list.

New to UU?

If you're visiting us for the first time, have been coming for awhile, or are a UU moving to this area, come spend a little time with us after the service today (about 12:30). We'll meet in the junior or senior high classroom downstairs. Tell us about what has brought you here to SVUUS. We'll answer your questions about Unitarian Universalism and listen to whatever you'd like to share about your journey. Hope to see you!

Religious Education, Growth and Learning

Sunday Religious Exploration for Children and Youth

November 5:

Butterflies (Pre-K) - "I Can Ask Questions"
 Pathfinders (K-1st) - "The Gift of Kindness"
 Trailblazers (2nd-3rd) - "Be Fair"
 Seekers (4th-5th) - "Flexibility (Duct Tape)"
 Junior High (6th-8th) - UU Unit - "UU Rosaries"
 High School (9th-12th) - Virtue Ethics - Integrity

November 12:

Butterflies (Pre-K) - "I Can Give"
 Pathfinders (K-1st) - "The Gift of Invitation"
 Trailblazers (2nd-3rd) - "Finding Balance"
 Seekers (4th-5th) - "Reflection (Mirror)"
 Junior High (6th-8th) - UU Unit - "Genesis & Evolution"
 High School (9th-12th) - Virtue Ethics - Respect

November 19:

ALL-AGES SERVICE (everyone upstairs): Annual Bread Communion

November 26:

Butterflies (Pre-K) - "I Can Share"
 Pathfinders (K-1st) - Gratitude Activity
 Trailblazers (2nd-3rd) - Gratitude Activity
 Seekers (4th-5th) - Gratitude Activity
 Junior High (6th-8th) - Gratitude Activity
 High School (9th-12th) - Virtue Ethics - Fairness

PLEASE REGISTER YOUR CHILD(REN) and YOUTH!!!

EVERY YEAR we ask you to register your children/youth for our Sunday Religious Education program (it's an important way for us to have accurate current information, track our services, and keep in touch!). Please do this by going to <http://tinyurl.com/SVUUS-RE2017>



Save the Date

December 15 Benefit Concert for Puerto Rico

Upcoming Events

November	1	Women's Group
November	5	Library Book Sale
November	5	New to UU
November	9	Young Adult Group
November	11	Auction of Love
November	12	Leadership Council Meeting
November	16	Prayer Shawl Ministry
November	19	Community Chat with Rev. Patty

South Valley Caring Circle

The members of the Caring Circle provide practical support and/or pastoral care. Please contact the chair of the committee if you need or know of someone who needs our support. To ask for help you may also use the Caring Book by the name tags. The Caring Book is also for joys and concerns; we hope you will share moments from your lives.

CARING CIRCLE
Contact Information

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Sandy Dreis	801-256-0825
Mel Welliver	801-963-8258
Peter Verschoor	801-944-1653