



Volume 37, Issue 9

September, 2017

September Theme: Beauty



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September 3: Worship service at the Bear Lake Campout. Liz Martin

September 3rd: "What is Beautiful to You?" South Valley Congregants

September 10: "Water from the Cannonball River: The Legacy of Standing Rock." Rev. Patty brings water from her time at Standing Rock---what have we learned from the native peoples and their plight to preserve their land? What have you learned to bring back to us that will become part of the tapestry of South Valley? Judith Mehr's painting of Standing Rock will be displayed during this time.
Rev. Patty Willis

September 17 "The Just Mercy of Bryan Stevenson": When the members of our congregation talk about attending the General Assembly in New Orleans, everyone says that the best part was the lecture by Bryan Stevenson. This lawyer has worked to release innocent people on death row and change laws that send juveniles to adult prisons without hope of parole. That all sounds dark--and yet the people who read or listen to his work become filled with hope. Come and find out why!
Rev. Patty Willis

September 24: "Ministry in Prison and a ritual to balance the dark and light"
At this time of equinox, let us consider how to balance our lives. Let us also open our minds and hearts to people who are now incarcerated. **Leslie Hugo with Rev. Patty Willis**

LEADERSHIP DIRECTORY

****For urgent issues please call the main office or the Caring Circle (listed further below)**

MINISTER

Rev. Patty Willis Cell #: 801-633-0709
Email: minister@svuus.org

SVUUS BOARD OF TRUSTEES

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Ann Scarborough, Vice Pres 952-994-1790
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RELIGIOUS EDUCATION

Liz Martin (Director) 801-604-2973
Email: dre@svuus.org
Office Hours:
Sunday: 9:00 a.m. – 1:00 p.m.
Tuesday: 6:00 – 9:00 p.m.
Other hours by appointment

REGAL COUNCIL

Kris Berg 801-414-3051

CARING CIRCLE

Dot Clayton (Chair) 801-561-4776
Email: ibedotclay@comcast.net

SVUUS Web Site

www.svuus.org

SVUUS News & Community Email Lists

South Valley has two email lists, one for official announcements and the other for communications within the congregation.

If you wish to sign up for either or both of these lists, please visit: www.svuus.org/our-community/online/

To send a message to the list, simply address it to: news.svuus.org

From the Board of Trustees

Message from the Board

As your Board of Trustees has been meeting and envisioning our next year together, a theme has emerged of “Weaving the Web of Community”. We invite you into a time of intentionally nurturing friendships, old and new, and mindfully seeking ways to build a closer knit community among all our small groups. We live in difficult times, with many forces trying to tear our society apart, so this “weaving together” is good medicine for times like these!

As our beloved pastor faces down cancer and embraces health, we can surround Rev. Patty and Lou with our love and care. This, too, is a unifying bond that will bring our community closer than ever before... Let us widen our circle of love to welcome others in need of our healing care.

We have some wonderful opportunities to look forward to... Katherine Peterson has volunteered to launch an Animal Kinship Ministry. One of the wonderful types of support this ministry offers is for pet owners who have lost a dear animal. On Sunday, October 1st, we will be holding a St. Francis Celebration and Blessing of Animals. Bring your pet, or a photo of your pet.

Some of our vital ministry areas are in need of volunteers. If you're looking for a new way to invest yourself, this is a good time to begin! Communities like ours provide wonderful opportunities for individuals to try on new and different roles. If you're creative, you may want to volunteer with our Worship Committee to decorate the altar. No meeting attendance is required for this! The Worship Team is always looking for people to participate on Sunday mornings as Lay Leaders. Please contact Sinnamon Wolfe if you'd like to learn more. Our Finance Committee, Communications Committee, Hospitality Committee and Welcoming Team are all seeking additional members.

South Valley's message is that “you are welcome here”, but you also are “needed” here. Your skills, talents, and your personality—all these things are important to weaving the web of community. Building a community is not a spectator sport. You will discover that, as you invest yourself more, relationships will flourish and grow, and this community will become more meaningful to you. May it be so.

Ann Scarborough
Board Vice President
Leadership Council Facilitator



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From Our Minister

Minister's Newsletter for September, 2017
Monthly theme: Beauty

Beauty and the Beast

When my sister-in-law's oncologist looked at the results of biopsies and MRIs on the cancer that had invaded her bones, he said to her, "It is a beast." When I was with her during the first days after the diagnosis of an aggressive cancer that led to her death only six weeks later, I remembered the love Jennifer and I share for Beauty and the Beast. I suggested that perhaps the Beast could be embraced. Maybe she could hold out her hands for a dance. She smiled at me and said, "Thank you." Later, when the pain was excruciating, we breathed deeply together, I held her head, rubbed her feet and we imagined that dance. I have thought of this many times in the past months and when I received my own diagnosis of cancer, which happily seems to have been caught at an early stage, I soon began to think of this time as my dance with cancer.

I believe that we must make unlikely friends. Sometimes our unlikely friend is a neighbor who starts a conversation only when you are in a hurry or sometimes it is the person sitting next to us in a church service. Sometimes our closest people can begin to feel like strangers as they grow into adults or go through middle or old age. I believe that there are many "Beauty and the Beast" moments in our lives. In the story and in real life, it is Beauty whose perspective must change in order to transform the Beast.

The first lesson my dance with the Beast is teaching me is that all of us will die and how we die or when is one of the great mysteries of life. Bearing the name of an ancestor who lived to be 104 does not insure my longevity. For the first time in my life, I have begun to wonder: if I have only 14 more years to live, what do I want to do with those years? I have begun to get up early no matter how I feel, even if I am drowsy during the first few minutes I spend with my journal. I reconnected with a dance teacher and once or twice a week, we do the tango, rumba and cha cha cha. Lou and I walk in the mountains as often as we can. We stay far away from the television unless we think that it would improve on reading or listening to music. I am reading books that have been making a stack by my chair. I spend longer on the phone with my brothers and sister and keep myself from closing the conversation as I think of everything I need to do. I called my uncle who is 92.

When my mind travels to my surgery on the last day of August, I take a deep breath in and then breathe out. I have started to make lists of where I want this dance to take me. I invite you along on this dance. Where do you want our community to go? What kind of dance will this year and the next year be?

In love and community,

Patty



Opportunities and Announcements

Prayer Shawl Ministry

The prayer shawl group will hold its next meeting on Thursday, September 21, at 2:00 p.m. in the Senior High Room. Anyone who is interested in knitting or crocheting shawls or afghans to contribute to the Prayer Shawl ministry is welcome to join us. If you are interested and have questions, you can contact me at lorriquigley@msn.com.

Happenings Hub

Every Sunday after service. Visit our new Happenings Hub in the Social Hall after each Sunday Worship Service to find out about all of the goings-on in our community. You will find information and signup sheets for all kinds of activities and volunteer groups, such as Wellspring Wednesday offerings (our community nights), social action opportunities, hikes, committee needs. Contact Susan Eyzaguirre eyzsooz@gmail.com for more information.

Annual SVUUS Campout

Labor Day Camp Out - Friday, September 1 through Monday, September 4 - Bear Lake State Park

Come to the 25th annual SVUUS Labor Day Campout

Yes, it is the 25th year of the Labor Day Camp out. This year we will be at Rendezvous Beach at Bear Lake. I have never been to this campsite but Wendy Newbold said it was nice. The registration and information is available at the Happenings table downstairs or in the church foyer.

Please register early to ensure your spot. You can register for the whole three days or just come up for the day. We will have church service on Sunday followed by a potluck. Please contact Kathleen Luck (dewelluck@gmail.com) for more questions.

September – October Offering Split

VOA Detoxification Program

In the spirit of serving our wider community, we share our Sunday morning Worship Service offering with a charitable organization whose works align with our values and principles. For September and October we will donate half of our offerings towards the **Volunteers of America Adult Detoxification Facility**. The VOA is a nonprofit human services organization that helps more than 10,000 people in Utah each year. Detoxification is the first step on the path to sobriety, but is often inaccessible to the homeless or those without healthcare coverage. The VOA offers a solution that makes detox possible for members of this population who battle the chronic disease of addiction. Once physical detoxification is complete, clients are assessed and referred to additional substance abuse treatment programs.

Volunteers Needed

To help with Streaming the Sunday Services. Please contact Ann Hess at annhess360@gmail.com . Thank you.

New Book Group

BOOK GROUP

Next meeting is Sept. 25, Monday at 7: at church. Book for review is Hillbilly Elegy by J. D. Vance come even if you didn't read the book completely.

Opportunities and Announcements Continued

Wellspring Wednesday

Mark your calendars!
Wellspring Wednesday's will begin October 4, 2017
Look for the details coming soon.



We'd love to see these Wednesday offerings become a larger part of South Valley activities. You, the members of the congregation, have so much to offer and we all have this tremendous opportunity to share knowledge, learn and have fun together!

So, please, take the time to tell us what topics or offerings you'd like included in our 2017 Wellspring Wednesday classes. Send us your thoughts and ideas. They could be fun, serious, creative, educational, thought provoking or playful. Use your imagination.

Email your comments and ideas to me at colecasto@comcast.net. We're looking forward to your ideas! Thank you, Cole

SVUUS Bootique and Health Fair

Save the date for our annual Fall "Bootique" and Health Fair: October 28th! If you are interested in participating as a vendor, or have questions, please contact Ann Scarborough at 952-994-1790 (text ok) or via email: annbob.scarborough@gmail.com.

The Red Cross Mobile Blood Unit will be back on Saturday, October 28th, on the day of our Annual "Boo"-tique and Health Fair and Children's Carnival. Please plan to donate that day between 12:00 pm and 4:00 pm. There is a critical blood supply shortage here in our local area. Please tell your neighbors and invite them to come with you.

Opportunities and Announcements Continued

Equality Utah Allies Dinner:

South Valley will have a table at the Equality Utah Allies Dinner again this year. The dinner is a celebration and fundraising event for Equality Utah, who promote LGBTQ issues and provide support for LGBTQ-friendly candidates for elected office in Utah. The dinner this year is Saturday September 30, at the Salt Palace, with reception from 6-7 and dinner, speakers, and entertainment from about 7:30-10pm. This year's keynote speaker/entertainer is Chelsea Handler, comedienne and actress.

South Valley UU Society received an 'Ally' award around 8 years ago. The cost is \$180 per seat.

If you are interested in joining us at South Valley's table, or have questions, please contact Paul Barron at hummingbird84@yahoo.com

Opportunities and Announcements Continued



MDD Gathering and Annual Meeting - October 13–14, 2017 - 7pm – 8:30 Friday - 8am – 4pm Saturday
UU Church of Boulder - 5001 Pennsylvania Ave, Boulder, CO 80303, USA

Registration Deadlines and Fees

Includes all programming as well as breakfast and lunch on Saturday - Early discount by Sept 10 – \$68/adult - Sept 11 – Oct 3 – \$75/adult - Walk in registration \$85 (for adults only) *meals not guaranteed*

Register Now

Keynote by Rev. Dr. Kendyl Gibbons

“Grown Up Souls: Spiritual Maturity and Religious Purpose”

Just as we seek to become physically, intellectually, and emotionally mature, so we need to reflect together on what it means to become spiritual adults, no matter what theological identity path we may have chosen to follow. What do the great souls of different traditions have in common with each other, and what can our communities learn from them?

Annual Meeting including election of MDD Board officers including, vice president, treasurer and ministerial rep.

Workshops

“**Skills for Smalls**” with Rev. Sarah Schurr, PWR Staff - This workshop offers a basket of skills for congregations of 150 and fewer. Hear the latest thinking about the gift of a small congregation in our faith. From leadership to worship to programs for children – your Congregational Life staff has ideas for you. Rev. Sarah Schurr is the small congregation specialist on the PWR staff team and served as the first minister in a number of small congregation prior to joining the UUA staff.

“**Outreach & In-Reach: Attracting, Integrating, and Nourishing Unitarian Universalists**” - with Rev. Sarah Gibb Millspaugh and Rev. Tandi Rogers, PWR Staff - A sea-change is happening in American religion, and spiritual needs have only grown more intense. Take home tools to help your congregation attract new people, successfully integrate them into community, and nourish their faith for the long haul. Take home ideas beyond membership class or signing the membership book. Learn how you can not only charge new members, but re-ignite long term members. Rev. Sarah Gibb Millspaugh has served as a lay leader and parish minister, and grew up in our host congregation the UU Church of Boulder. She is the Pacific Western Region’s specialist in faith formation and expert in outreach and social media, as well as the primary contact for MDD congregations in New Mexico, Western Colorado, and southern Metro Denver. While working on the UUA’s Outreach Team she developed a toolkit for congregational outreach (to be unveiled this fall) as well as the congregational website template that so many of our congregations use.

Rev. Tandi Rogers is our region’s specialist in emerging ministries and conflict transformation as well as primary contact for MDD congregations in Idaho, Utah, and Southern Colorado. While the UUA’s Growth Strategy Specialist she started the blog Growing Unitarian Universalist and also worked closely with the UU Association for Membership Professionals to develop tools for congregations.

“**A Conversation about Governance in the Larger Church**” - With Rev. Christine Robinson, First Unitarian Church of Albuquerque - This workshop is for leaders in congregations with 300 member or more. We will talk about what governance model you are using, what’s working for you, what’s not, and what you see as the benefits and pinch points. After more than 30 years of ministry at the First Unitarian Church of Albuquerque, Christine Robinson is beginning this fall as a consultant to large churches in the Pacific Western Region.

Nearby Hotels: Boulder – Days Inn - S Boulder Rd Hwy 36 and Boulder Rd / Table Mesa Exit, Boulder CO 1-844-663-2269 / Holiday Inn Express – Boulder - 4777 Broadway, Boulder, CO 1-303-442-6600 / St. Julien Hotel and Spa - 900 Walnut St, Boulder, CO 80302 1-720-406-9696

Religious Education, Growth and Learning

9/3/2017 -- LABOR DAY / CAMPOUT SERVICE

9/10/2017 - Water Communion ALL-AGES SERVICE (Everyone stays upstairs)

9/17/2017 -

Nursery

Preschool (Ages 3-5):

Pathfinders (K-1): Childrens Chapel and Singing with Lou

Trailblazers (2nd-3rd): Childrens Chapel and Singing with Lou

Seekers (4th-5th): Childrens Chapel and Singing with Lou

Junior High (6-8th): Lodestone Year: *UU Unit #1*, Singing with Lou

High School (9th-12th): Youth UP(stairs) and Pizza with Patty

9/24/2017 -

Nursery

Preschool (Ages 3-5):

Pathfinders (K-1): Wonderful Welcome #1: [*The Gift Of Love*](#)

Trailblazers (2nd-3rd): Faithful Journeys #1: [*The Journey Begins*](#)

Seekers (4th-5th): Toolbox of Faith #1: [*Faith \(Toolbox and Ruler\)*](#)

Junior High (6-8th): Lodestone Year: *UU Unit #2*

High School (9th-12th): Virtue Ethics: #1: [*Decision-Making*](#)

Save the Date

October	1	Animal Blessing
October	4	Wellspring Wednesdays Begin!
October	13-14	MDD Gathering and Annual Meeting
October	28	Bootique and Health Fair
November	5	Community Chat w/Rev. Patty and the Board
November	12	Leadership Council

Upcoming Events

September	1-4	Annual Church Campout
September	21	Prayer Shawl Ministry
September	25	Book Group
September	30	Equality Utah Allies Dinner

South Valley Caring Circle

The members of the Caring Circle provide practical support and/or pastoral care. Please contact the chair of the committee if you need or know of someone who needs our support. To ask for help you may also use the Caring Book by the name tags. The Caring Book is also for joys and concerns; we hope you will share moments from your lives.

CARING CIRCLE

Contact Information

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Email: ibedotclay@comcast.net

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Mel Welliver	801-963-8258
Peter Verschoor	801-944-1653