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February Theme: Faith



Feb. 3rd : Ancient Traditions and Leaps of Faith – Rev. Patty Willis

This time of year is associated with many earth-centered traditions. Winter often requires us to make that leap of faith that spring will come! Come and ponder how our ancestors used rituals to help them move through the darkness to spring.

Feb. 10th: Standing on the Side of Love -- Rev. Patty Willis

How can we bring our shared ministry out into the community and the world? What stirs your heart to action?

February 17th: Guest speaker – look for updated information in the weekly newsletter.

February 24th: The Legacy of Sojourner Truth -- Rev. Patty Willis

In 1854, at the Ohio Woman's Rights Convention in Akron, Ohio, Sojourner Truth gave her most famous speech, with the legendary phrase, "Ain't I a Woman?" Let us see how one woman transformed a movement with her truth.



LEADERSHIP DIRECTORY

**For urgent issues please call the main office or the Caring Circle (listed further below)

DEVELOPMENTAL MINISTER

Rev. Patty Willis Cell #: 801-633-0709
Email: minister@svuus.org

SVUUS BOARD OF TRUSTEES

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CHURCH ADMINISTRATOR

801-944-9723
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Hours: Please call for an appointment.

RELIGIOUS EDUCATION

Trista Emmer (Director) 801-879-7743
Email: dre@svuus.org

REGAL COUNCIL

Robyn Taylor-Granda (Chair) 801-597-6711

CARING CIRCLE

Denna Wright (Chair) 801-274-0756
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SVUUS Web Site

www.svuus.org

SVUUS-NEWS Email List

South Valley maintains a news listserv to facilitate announcements and other communications for the congregation.

If you wish to sign up to receive messages, send a request to Lyn Worthen, listserv administrator, at lynw@xmission.com.

To send a message to the list, simply address it to svuus-news@mailman.xmission.com

From the Minister's Desk -- Faith and Dry Beans

Today, I spent a couple of hours at the Crossroads Urban Center on 400 East. As I sat there, waiting for Linda Hilton, several people came in to pick up food or to ask questions. On a tour of the building, I saw volunteers in the back pantry preparing packages of food according to the living situation of the client. Along with packages for people who have kitchens, some packages are prepared for people who live in places where they cannot cook. Others are prepared for people who live outdoors. When we walked around the corner to a place where we ate lunch, I put on my long, warm, down coat. How do people survive with no roof above them for the night? As I sat in the waiting area, I thought of our connection to Crossroad's mission: the food basket that we keep in the entryway of our church for Crossroads. When I walked out of my office to make sure that it was still there, there it was, full of food! This month because of shortages, they have named dry beans as their "Food of the Month." I hope that we have so many dry beans in that basket that we have to take the contents down to Crossroads early and fill it up again.

What do dry beans have to do with our monthly worship theme of faith? I wonder if you see the same people that I do when I drive around this city. They are holding signs asking if I have anything to give them or they are standing by a heaped up grocery cart or they are sitting in the snow bank of a public park. If you feel as helpless as I do, then take a leap of faith that there are other people working to relieve this suffering and bring dry beans to our sanctuary. The volunteers at Crossroads will see that they reach the right hands. An offering such as a basket full of dry beans will spread the hospitality of our Cottonwood Café far beyond Highland Drive. On February 14th, from 9 a.m. to noon, you will have more chances to make a difference on Capitol Hill at the Unitarian Day at the Legislature. Let's take a leap of faith that we can make a difference!

My ministerial colleague in California told me that as a minister I had to be able to talk with you about everything. And, in the month of February, as we launch our pledge drive, that must include talk of money. Money is one of the resources, along with our gifts and talents, which this community needs in order to thrive. I like to give money for something I believe in. What do you believe in? What makes it easier to give? For years, this congregation has been creating a place of hospitality in the greater community. For many, that welcome has been life-saving. In my sermon on January 13th, I spoke of those times when we become strangers to ourselves. There may be times when this community is life saving for you. I hope that it will always be life-giving. In order to flourish, this congregation needs enough funds to support full-time ministry, keep this building repaired and even spiffed up, support religious education, and so many other dreams that will be voiced during our pledge drive! We invite you to voice yours too! During the past five months with you, I have seen glimpses of that Promised Land in which we are engaged in transformation. As individuals and as a congregation, we are becoming kinder and more peace-loving, more likely to reach out our hands to strangers, and more likely to fill baskets with dried beans next month! As we say each week: Together we share the wealth of this community and sustain it with our gifts. Consider if you're in a position to share more.

In love and with a dream of what can be,
Rev. Patty Willis
Developmental Minister

From the Board

On a record cold but crisp and sunny Sunday in January, Rev. Patty charged us to be a welcoming community. When our instinct is to snuggle in the house and keep home fires burning for our immediate family, there we were, seeking the community of kindred spirits and hopefully feeling the welcome of old friends and new ones. It is reassuring to be welcomed again into our familiar place. We were reminded that we already have a welcoming presence with our "Hate Free Zone" flag. And now our elevator serves as evidence of our mission to extend the welcoming to the larger community in a tangible way.



It was exciting to see the "Roots" sessions start on this same Sunday, welcoming the deep listening of stories, creating a sacred place, a safe place. I am reminded of the Evensong program that South Valley birthed and that has now become a Unitarian tradition. This program, too, created a very welcoming, nonjudgmental and safe place to explore my spiritual side at a time in my life that finding a place Big enough for all my doubts was a tall order. Being invited to join this eight-week program was perhaps the most welcoming gesture given to me when my family first started attending South Valley. Its impact has sustained me for my 20 years at South Valley.

Perhaps Roots will have a like impact on you or some of our visitors just starting to explore South Valley. We must be sure we invite them to participate in this process along with the Circle Suppers each month. We may never know or appreciate the impact such an invite might have in the life of a fellow seeker. We learned that the difficult part of being a Welcoming community is to first be a welcoming person, to be at home with yourself. Remembering the Evensong program also brings back the memory of a prayer or mediation that was also part of our church life at the time. To me this is a call to be a welcoming person. (If someone knows the author, please help us give proper credit.)

Go now in peace. Live simply at home in yourself,
Live simply in friendship with one another.
Be just in words: just in deeds.
Remember the depth of your own compassion.
Do not forget your power in the days of your powerlessness.
Do not desire to be wealthier than your peers and never stint your hand of charity.
Practice forbearance in all you do.
Speak the truth or speak not.
Take care of your body. Be good to it. It is a good gift.
Crave peace for all peoples of the world beginning with yourself
and go as you go with a dream of peace and friendship
held deeply and firmly in your heart.
So be it. Blessed be.
Amen.

Janis Ries
Board of Trustees

From the Transition Team

"An In-between Time"

As I write this, it is obvious we are in the depths of winter, as the outside temperature is only in the teens. Yet the light grows a little stronger every day, and lasts a little longer. We are heading toward that in-between time, which the ancient Celts considered the beginning of Spring, as far away as that season might seem right now.

This was the time for looking ahead and planning for the future. What crops would be sown that year? How many new lambs were expected? How were the supplies doing? And other such questions. Here at South Valley we are also in a time of looking ahead and planning for the future. Our annual Pledge Drive is coming up, and we have started into our 30th year as a congregation. New Adult REGAL classes are starting and more are planned. We are attracting and retaining inquiring people, and our choir is beginning to prepare for a wonderful choral event later in the year.

We on the Transition Team would like to take this time to ask you, the congregation, what would YOU like to see occur at South Valley Unitarian Universalist Society this coming year? What are your plans for helping achieve our own 'Promised Land'? Our Word of the Month is "Faith", what do you see that word as meaning when applied to SVUUS? We encourage you to seek out Transition Team members and let us know the answers to these questions. We look forward to furthering Beloved Community in whatever way we can, and stand ready to help both individuals and committees in achieving their individual and group goals for 2013.

Mary Norton
Transition Team Member

Leadership Succession and Development

Tip of the month: Appreciate

"Great job! This is the best team ever! I love working with all of you—your help with the altar made the service so much more meaningful."

Does this sound like something you'd like to hear from your team leader or a fellow church member? Of course it is. We thrive on appreciation, but many of us are lax in using it. Maybe we notice that something is done well, but we just don't say anything. But let something go wrong, and we're all over it.

It's worth noting that several studies have been done that confirm that employees express greater job satisfaction when they feel appreciated than when they don't. It's the same for volunteers—and we don't even get paid.

So let's all make a greater effort to notice what is *done right*—and let the person or people responsible know how much we appreciate their efforts.

Sandra Roach
Leadership Team Chair

South Valley Annual Pledge Drive

Mark your calendars for **Saturday February, 23** for our **BIG EVENT**.
Join us for South Valley's annual party to celebrate together and kick-off the Pledge Drive.

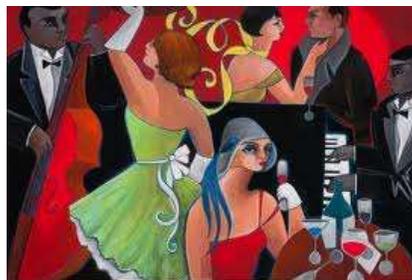
The party will begin at 6:30 in the sanctuary at South Valley,
and includes a light dinner & entertainment

Our theme this year is "Rolling Back the Clock".
Take a step back in time during the 1920's and 30's,
the time of Gangsters, Prohibition and Speak-easies.
How did our parents and grandparents see their future?
Did they foresee better times ahead?
How do we see our future?
Where do you see yourself in 10 years?

This year, our goal is to increase overall pledging by 10%.
Our goal is to continue with our full-time developmental minister
and work towards eventual settled ministry.

We will be hosting "Community Gatherings"
as part of the pledge drive this year with signups beginning Feb 3.

Why should you attend a gathering??
We are a community and
part of being a community is listening to one another.
Share your own South Valley stories at a Community Gathering
and help create a vision of how we can make South Valley even more
amazing together.



REGAL – Religious Education, Growth & Learning

Wow, can you believe it's February already? Well, I'm writing this in January, and January seems like it's been going on for 17 years, but I know that soon it really will be February and I'll be thinking "Wow, can you believe it's February already? This year sure is flying by!" (This is me thinking positively!) Despite the length of these cold, bitter January days, there's so much to do to prepare for this spring, I wish there were more time all around. I just wish it were less cold. Anyway, jumping right in with what's going on in February...

On February 3rd **the preschool class** will be learning about wishes and how some of them really CAN come true. Then they'll be learning about the Chinese New Year on February 10, and how love involves words AND actions on February 17. Finally, on February 24, they'll be learning about how there are many different kinds of families, and they all involve sharing and caring.

The **Sacred Travels classes** start exploring our 3rd Principle: We believe we should accept one another and keep on learning together. This month's book is called *Emily*, by Michael Bedard. In this fiction book, a small girl befriends Emily Dickenson, despite Emily's reticence and the rumors of her strangeness that the other community members spread. We'll be talking about how it's important to form your own opinions about others, and that people who are different from us have important things to share. Also, in Children's chapel, the kids will be putting together first aid kits to donate to The Road Home as a way to finish up January's unit on Clara Barton.

The **Coming of Age class** gets to know their mentors better in February, while exploring UU values, good and evil, and how to talk about Unitarian Universalism with people who are not Unitarian Universalist.

There is a LOT going on for the **High School class** in February. We're hosting the District's youth conference Feb 8-10 and quite a few of our youth are involved in planning and helping pull it off. Outside of the Con, the High School class will be talking about courage and continuing to work on their advocacy project for Sexuality education.

South Valley is lucky to be able to host the Mountain Desert District Youth Ministry's Winter Conference here at South Valley Feb 8-10 (the con ends before church starts on Sunday). The theme this year is Equality. Imagine youth from ten congregations throughout the Intermountain West congregating at our church to attend workshops on equality, worship together, renew old friendships while making new ones, and form powerful connections with other UUs outside of our immediate area.

This is a great opportunity in particular for our large and enthusiastic youth group and the youth groups at First Church and Ogden, as it can be hard to get our youth to conferences in other states. Though the youth take a prominent role in the planning and mechanics of the conference, it does also take an effort from adults to help pull it off. Youth advisers, religious educators and volunteers, and parents from all the participating congregations take part in the orchestration of the conference, and over the next two months I'll be looking for people from our congregation to be youth sponsors (who attend the con with the youth), workshop leaders/coordinators, food coordinators, and to offer other types of support. If you think this amazing ministry is something you'd be interested in, please let me know.

Look for what's happening in specific classes in your Order of Service announcements and the email and Facebook announcements made through the month.

Trista Emmer
Director of Religious Education

REGAL – Religious Education, Growth & Learning (cont.)

Journey Guides & Workshop Leaders Needed

While we have most of our teaching teams in place for the other programs, our Sacred Travels program requires a large number of volunteers to be successful, and **we're still looking for Journey Guides and Workshop Leaders**. Journey Guides volunteer all year (4 Sundays on, 8 Sundays off). The length of their commitment is offset by the fact that they do very little preparation of class materials, instead supporting the workshop leaders and accompanying the Sacred Travelers on their journey through the workshops. They provide the structure and the continuity for the workshops. It's a fun job where you get to know our kids on a deeper level. The workshop leaders volunteer for 3 Sundays in a row, creating and preparing (with help from the DRE and Sacred Travels Coordinator) a workshop on the theme of the month and then running the same workshop (with appropriate modifications for the differing skill level and educational needs of the classes) three times: one time each week with a different class. It's a short term commitment with huge rewards! If you're at all interested, even just a tiny bit, even if that tiny bit of interest is surrounded by huge amounts of worry or annoyance or excuses, please talk to Trista Emmer, Director of Religious Education, or Lisa Miller-Carlson, the Sacred Travels Coordinator. Or think about saying yes when you see us heading your way!

REGAL Calendar

- Feb 3: Sunday School -- Preschool class, Children's Chapel, COA and HS classes. After Church Service: COA mentor and youth activity, 12:30-2:30.
- Feb 4: Bible Study, 7:00 – 9:00 PM, Senior High Classroom.
- Feb 8-10: District High School Youth Conference at South Valley.
- Feb 10: Sunday School -- Preschool class, Sacred Travels (K-5) workshops, COA Social Action Sunday. NO SR HIGH CLASSES.
- Feb 12: REGAL Council meeting, 7:00 – 9:00 PM, Senior High Classroom. All are welcome.
- Feb 17: Sunday School -- Preschool class, Sacred Travels workshops, Coming of Age and High School classes.
- Feb 24: Sunday School -- Preschool class, Sacred Travels Workshops, Coming of Age and High School classes. After church service: Branches Meeting, Junior High classroom, 12:30-2:30. Meditation Group, Senior High Classroom, 12:30-2:00.

REGAL Council

Trista Emmer:	Director of Religious Education (DRE), Sr. High Coordinator
Robyn Taylor-Granda:	Council Chair, Special Events Coordinator
Kristin Berg:	Secretary
Christine Hirrill:	Adult RE Coordinator
Eddie Granda:	Junior High Coordinator
Lisa Miller-Carlson:	Sacred Travels Coordinator
Lorelei White:	Member-at-Large

Adult Religious Education (ARE)

February Adult Religious Education (ARE) classes:

BRANCHES - Open sessions Sunday, February 24th from 12:30-2:30 or Monday, February 25th from 7:00-9:00 p.m.

The January open session was a success and two separate groups will form in February to meet through July; one group will meet Sunday afternoons and the other will meet Monday evenings. There is one more opportunity to join this small group ministry format gathering: the February gatherings will be open to those wanting to come and find out if they want to join. The Branches model is based on a group model used in many interfaith settings also called covenant groups. The format empowers members to speak from their authentic selves, broadens our capacity to relate to multiple views on the themes, deepens connections among the members and offers an opportunity for each member to experience being fully heard. All are welcome to attend either open session on February 24th and February 25th. These two groups will continue through July and then the process of an open session followed by group formation will start over this fall.

Myers-Briggs Workshop - Brenda Voisard, Ph.D. (bvoisard@comcast.net), Saturday, February 16th, 10:00 a.m. to noon

The Myers-Briggs Type Indicator (MBTI) is a tool designed to measure how people perceive the world and make decisions. It is frequently used in professional development, leadership training, and team-building exercises. It is one method to provide participants insight into their personal preferences and ways of interacting. This workshop is open to all but would be of particular interest to current and potential SVUUS leaders. The first 15-30 minutes will be spent taking and scoring the MBTI, and then the class will receive information to understand the results, and finally there will be some group exercises to see how this plays out in interactions. Join us for two hours of fun and insight downstairs in the Social Hall.

Upcoming opportunities:

- ROOTS - This new, 3-part series about UU principles and history and an overview of SVUUS to build strong UU "roots" will be offered again in March.
- Witchcraft spells workshop to be offered by John Cooper; date yet to be determined.
- UUA Common Read in March will discuss "The New Jim Crow" written by Michelle Alexander.

Ongoing open groups:

Bible Study – Mel Gundersen (melonig@harmonyhomehealth.com), first Monday of the month from 7:00-9:00 p.m.

Participants are continuing their journey "Traveling Through the Torah." Discussion focuses on the stories and personalities of the Hebrew Bible/Old Testament from the perspective of "historical mythology" — a kind of interpretive lens inspired by Joseph Campbell who defined Myth as foundational narratives based loosely on historical events and spun by the re-telling into stories that teach us "what it means to be human."

TeaCUUPs - Kim Lane (kclane926@comcast.net), fourth Sunday of alternating months after coffee hour.

The group is discussing Christopher Penczak's book, *The Three Rays of Witchcraft*. The next gathering is March 24th to finish the book and then Christopher comes for a weekend of learning opportunity in April.

The mission of the ARE program at SVUUS is to offer adults opportunities to further personal and spiritual growth, strengthen relationships between members, and increase knowledge of Unitarian Universalism and other belief systems. Please contact ARE Coordinator, Christine Hirrill, at kellychristinekelly@hotmail.com with questions or suggestions.

From the Social Action Council

Standing on the Side of Love - Worship Service and Postcard Campaign

Come re-imagine Valentine's Day as we participate in the national Standing on the Side of Love movement and honor those that have demonstrated courageous love in Utah in support and affirmation of LGBTQ youth on February 10. And don't miss the postcard writing campaign after the service to call our local civic leaders to *Stand on the Side of Love* with us as they consider public policies that affect the LGBTQ community. We will help you find the name of your representative and senator, and provide postcards and postage.

Social Justice Opportunity

Be an advocate for low income and homeless Utahns on Capitol Hill with the Coalition of Religious Communities (CORC). It's easy, and fun -- even for beginners.

CORC is sponsoring a UU Day (Feb. 14) at our beloved Utah State Legislature when we UUs are especially invited to come and communicate with our legislators about pending legislation that impacts social justice for the poor and homeless in our State. Meet at 9:00 am and stay as long as you can (meet in the State building behind the capitol). CORC members will prime us on issues that are "hot" between 9:00 and 10:00 am, and then we will be paired with experienced CORC members to navigate our way through the capitol and meet our representatives and senators. You will learn how to send an effective note to your representatives, read electronic boards in the House and Senate, meet and talk with your senator and representative, etc.

If you can't make it on the 14th, you are welcome to join CORC on ANY Tuesday or Thursday in February. Visit our Social Action Information Table after Sunday services for more information and a map. Questions? Contact Susan Eyzaguirre eyzsooz@gmail.com

February Offering Split Organization

In February we will continue to donate half our Worship Service cash offerings (those donations not otherwise designated) to The Trevor Project (TTP), a national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning youth. Determined to end suicide among LGBTQ youth, TTP provides a nationwide, 24/7 crisis intervention lifeline, digital community, and advocacy/educational programs that create a safe, supportive, and positive environment for everyone where the possibilities, opportunities, and dreams are the same for all youth, regardless of sexual orientation or gender identity. Suicide is the second leading cause of death for youth and young adults in Utah and LGBTQ youth are four times more likely to attempt suicide than other young people, so our community desperately needs the life saving services that TTP provides. Learn more by visiting their website at www.thetrevorproject.org. "Together we share the wealth of this community . . ." Please give generously as we serve our wider community and nurture a culture of generosity here at South Valley.

2012-2013 UUA Common Read: *The New Jim Crow: Mass Incarceration in the Age of Colorblindness* by Michelle Alexander

Read with us this compelling book about the "war on drugs" and racial justice in our legal system. Michelle Alexander, a civil rights advocate litigator and law professor, links results of the "drug war", unequal enforcement and resulting poverty along racial lines. While it is no longer politically correct to explicitly use race as justification for discrimination or exclusion, today it is perfectly legal to discriminate against convicted criminals in ways of Jim Crow laws from a different time. A two-session discussion group will begin late March 2013. The book is available for purchase on line (UUA Bookstore, Amazon, etc.), or for loan from our SVUUS Library or public library systems.

Cafe Justo COFFEE Sale - Addressing Immigration Issues at their Root

We are selling 1-lb packages of Cafe' Justo coffee at the Social Action Information Table after Sunday services. Cafe Justo is a coffee-grower cooperative based in Mexico that is dedicated to sustainability and fair trade based on transparency, equality, and human dignity. By purchasing Cafe Justo coffee, we make an impact on economic conditions in Mexico, effectively addressing a root cause of immigration issues in the U.S. and helping to sustain our planet

South Valley Women's Group Happenings

Woman's Group Gathering

Torrey Longeteig will host our February Gathering at her home on Friday, February 8, at 7:30 PM. Her address is 12086 South 1800 West in Riverton.

To coincide with Valentine's Day our topic will be "What Are You Passionate About". Come prepared to share with the group what lights your fire!

We will also be doing a Sock Drive for the " Rise Up Project" intended to get people interested in volunteering and helping out the world. If you are interested in supporting this project, [please donate a pair of socks.](#)

All South Valley women 18 years and older are welcome. Drinks and snacks are included.

I am always looking for interesting topics to discuss at these gatherings. If you have ideas about something you feel would fit into our criteria, please email me.

Also, please let me know if you are interested in hosting a Women's Group Gathering in the future. (April - June - August - October).

Come and see old friends and make new ones!

Cynthia Dobbs
Women's Group Coordinator
801-979-5951
Cdobbs56@gmail.com

News from the South Valley Covenant of Unitarian Universalist Pagans

Pancake Breakfast

We will be having a regular pancake breakfast on Feb. 10th. Come stand on the side of love of pancakes. Please contact Kim and David Lane if you would be able to help serve or clean-up.

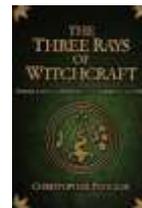
Chocolate Feast

Speaking of Love, come to the annual CUUPS Chocolate Feast potluck on Feb. 24th. Please bring something that you can dip in chocolate (and what can't you dip in chocolate) or a potluck dish.

Imbolc Spirit Fire Dance on Feb. 2nd. Come and celebrate Imbolc (or Candlemas) with a dance for the beginning of springtime.

Christopher Penzak Seminar

We at CUUPS are looking forward to Christopher Penzak being here in April. If you are planning to attend the seminar go to the CUUPS link on the SVUUS website for more information. Please register by March 1st to get the pre-registration price of \$275.



Three Rays of Witchcraft Introduction

Friday April 12, 2013

Three Rays of Witchcraft Weekend Intensive

Saturday, 9-5 PM, April 13, 2013

Sunday, 1- 5 PM, April 14, 2013

Thanks from the South Valley UU Service Committee

THANKS! AND A FINAL REMINDER ABOUT GUEST AT YOUR TABLE BOXES

As January ends, so does our annual effort to support the Guest at Your Table program of the Unitarian Universalist Service Committee. If you miss the January 27 opportunity, we still will be willing to accept your boxes or checks on the first Sunday in February. So, look for the collection box in the foyer that Sunday, Feb. 3.

And, once again, many, many thanks to those of you who have already participated. At the time of this writing in mid January, we have sent in nearly \$300. Your support is very much appreciated by all those who receive assistance from the on-going projects of our denomination's own well-run UUSC programs. A little sacrifice by us goes a long way at UUSC.

From the Library Committee



Book Review:

How to Survive the Loss of a Love
by Melba Colgrove, Harold Bloomfield and Peter McWilliams.

This book is an extremely helpful source on the subject of loss—loss of a loved one, loss of a relationship, loss of a job—especially helpful for those grieving and experiencing the death of a loved one. The authors provide practical advice without trivializing your feelings. The chapters are short with important reminders, proverbs, advice and suggestions to help you move forward. The message is: Let yourself hurt, but take responsibility for your own healing. You will survive.

The Library also has some Unitarian books for sale, both for kids and adults. These books are available at the library book table each week. The titles are:

My UU ABC's
The Family Book
It's OK to be Different

The ABC's for UU Newcomers
Being a Liberal in an Illiberal Age
The Unitarian Universalist Pocket Guide

GROCERY CARD PROGRAM

Come downstairs to the Social Hall every Sunday after the service to purchase grocery card coupons to Smith's, Harmon's, and Sprouts Markets.

You can use these coupons for purchases at each store. You can also use them to purchase fuel at the Smith's and Harmon's fuel centers.

Using these gift cards creates additional income for SVUUS as these businesses donate 5% of all purchases back to South Valley.

So if you shop at any of these grocers, please take advantage of this opportunity to help South Valley financially by purchasing grocery cards. Thanks for your support

South Valley Caring Circle

The members of the Caring Circle provide practical support and/or pastoral care. Please contact the chair of the committee if you need or know of someone who needs our support. To ask for help you may also use the Caring Book by the name tags. The Caring Book is also for joys and concerns; we hope you will share moments from your lives.

CARING CIRCLE Contact Information

Denna Wright (Chair) 801-274-0756
Email: dennalee1968@gmail.com

Ines Korbanka	801-979-3020
Lory Schantz	801-856-7834
Sheri Lund	801-273-0462
Marilyn Cleckler Smith	801-233-9224
Mel Welliver	801-963-8258
Sandy Dreis	801-256-0825

Circle Suppers are back!!

By the time you read this, several lucky people will have attended our January Circle Supper hosted by Phil and Lorri Quigley. I have no doubt there will have been titillating conversation, scrumptious food, and better friendships developed at this Circle Supper. That's just what happens!

How can you be part of something great like that? It's super easy, just sign-up to attend our next Circle Supper to be held Saturday, February 17. Circle Suppers are casual potluck dinners held in the homes of fellow SVUUS friends/members. Typically 8-12 people attend, your host helps assign your potluck item, vegetarians, vegans, those gluten-free, and meat eaters are all welcome.

Our Circle Suppers are currently just for adults; however we realize how very important it is to socialize as families also. We hope to offer our Circle Suppers to families in the VERY near future! The Circle Supper sign-in book is always located on the Welcome Table in the foyer. You may also contact Sheri Lund at 801-273-0462 or at jmlund@xmission.com.

Save the Date

- Feb. 2 Imbolc Spirit Fire Dance
- Feb. 3 Last day to return GAYT boxes
- Feb. 4 Bible Study 7:00 PM
- Feb. 8 Women's Group Meeting 7:30 PM
- Feb. 8 – 10 MDD Youth Ministry Winter Conference (at South Valley)
- Feb. 10 Standing on the Side of Love campaign
- Feb. 10 CUUPS Pancake Breakfast
- Feb. 14 UU Day at the State Legislature
- Feb. 16 Myers-Briggs Workshop 10 - Noon
- Feb. 23 Big Event 6:30 PM
- Feb. 24 Chocolate Feast (hosted by CUUPS)
- Feb. 24 Branches small group ministry open session 12:30 – 2:30 PM
- Feb. 25 Branches small group ministry open session 7:00 – 9:00 PM

South Valley Unitarian Universalist Society
6876 South Highland Drive
Salt Lake City, UT 84121



Address Change Service Requested