



Volume 38, Issue 2

February, 2018

## *February Theme: Love/Black History Month*



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#### **February 4: "Black History in Utah"**

The Grief and the Hope. A professor of African American history will bring unforgettable stories to our sanctuary. Come and feel hope!  
**Dr. Ronald Coleman**

#### **February 11: "Radical Love: What does that mean in this state?"**

Understanding the Doctrine of Discovery. What message do you want to give to our native peoples? We'll also allow time for our Valentines to each other. Love is what sustains us.  
**Rev. Patty Willis, Liz Martin and Jordan Roberts**

#### **February 18: "Jesse Daniel Ames' Revolt Against Chivalry"**

How a White Woman Worked against Lynching in the Deep South. The word "ally" is not to be used lightly---come and listen to the story of someone who was a true ally in racial justice. How one woman used her privilege to bring about transformation.

**Shannon Black and Rev. Patty Willis**

#### **February 25: "Reconciliation: A Chaplain's Perspective"**

**Rev. John Cooper**

## LEADERSHIP DIRECTORY

**\*\*For urgent issues please call the main office or the Caring Circle (listed further below)**

### MINISTER

Rev. Patty Willis Cell #: 801-633-0709  
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### SVUUS BOARD OF TRUSTEES

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### REGAL COUNCIL

Kris Berg 801-414-3051

### CARING CIRCLE

Dot Clayton (Chair) 801-561-4776  
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### SVUUS Web Site

[www.svuus.org](http://www.svuus.org)

### SVUUS News & Community Email Lists

South Valley has two email lists, one for official announcements and the other for communications within the congregation.

If you wish to sign up for either or both of these lists, please visit: [www.svuus.org/our-community/online/](http://www.svuus.org/our-community/online/)

To send a message to the list, simply address it to: [news.svuus.org](mailto:news.svuus.org)

## *From the Board of Trustees*

### Message from the Board

February is the month of sweethearts and flowers and valentines and chocolate. We all know that, and most of us feel sort of warm and fuzzy toward our loved ones on or around Valentine's Day. And that's good.

But what about feeling that love on other days and toward other people. It's not that easy sometimes, is it? But several opportunities to "spread the love" are presenting themselves to us this month or very soon thereafter. This month the Board of Trustees is supporting our February theme of "Love" by providing help and encouragement to several upcoming activities that promote love, fellowship, and community.

Most immediately, we support the Hospitality Committee in its ministry to enhance our Sunday social hour. We encourage everyone to participate in these gatherings after services because they offer an opportunity to connect, and connection leads to caring, etc.

Another event that the Board is supporting this month is our annual party, the Big Event. We offer support to Judith Mehr, who is in charge of stewardship, and Jen Stewart, who is in charge of the dinner and festivities. Anyone who has ever attended, participated in, or helped present this party can attest that this event definitely supports connection and community.

And, of course, we can't overemphasize the effectiveness of our Circle Suppers for fostering community and connection.

Each of these activities helps contribute to a fuller knowing and caring of our congregation, thereby promoting love within and without our community--both here at South Valley Unitarian Universalist Society and the wider community.

On another note, the Board is sad to lose Ann Hess, our Board Secretary this year, as she embarks on her new life in Tennessee; but we know she has made a good decision.

Good luck, Ann. We'll miss you!

Sandra Roach  
Board of Trustees



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## *From Our Minister*

Minister's Newsletter for February 2018  
Monthly Theme: Love

### Love Is Complicated

In January, Lou and I celebrated a big anniversary: forty years had passed since we met in church that cold January 8<sup>th</sup>. We were young and there was so much ahead of us that we couldn't imagine: disappointment, pain, joy, adventure and meaning and much more. Falling in love changed our lives. Through the years, our love facilitated a life we couldn't have had without each other. In 1983, when we reunited, which caused brokenness with my birth family, the religion of my ancestors, and society in general, some friends said, "You must be so happy!" My emotions at the time were a little more complicated than that.

I am glad that as Unitarian Universalists, we are called upon to see "love" as complicated. From the pulpit, it wouldn't be honest for any of us to say that simply loving each other was going to solve the world's problems. In our community, I feel a lot of love in the way that you serve each other, participate in hospitality and show up for each other. I also know that being in community is complicated. We are different from one another. We sometimes say the wrong thing. We are not perfect. I do not call from the pulpit for you to repent and change for once and for all because I believe that transformation is the process of a lifetime and one that is not facilitated by shaming ourselves into "never doing something again." As humans, we are involved in a kind of dance with our imperfections and the imperfections of others. Sometimes that dance is beautiful and full of energy and sometimes we get our toes stepped on. As my dance teacher said to me, "The worst mistake that you can make is being afraid of stepping on my toes." Let us dance with abandon, like those samba dancers who came to celebrate the Candomblé ritual with us in mid- January. That complicated love that is like a dance will change everything.

In hope of more dancing,

Patty

Rev. Patty Willis



## *Opportunities and Announcements*

### *Prayer Shawl Ministry*

The prayer shawl group will hold its next meeting on Thursday, February 15, at 2:00 p.m. in the Senior High Room. Anyone who is interested in knitting or crocheting shawls or afghans to contribute to the Prayer Shawl ministry is welcome to join us. If you are interested and have questions, you can contact me at [lorriquigley@msn.com](mailto:lorriquigley@msn.com).

### *Happenings Hub*

**Every Sunday after service.** Visit our new Happenings Hub in the Social Hall after each Sunday Worship Service to find out about all of the goings-on in our community. You will find information and signup sheets for all kinds of activities and volunteer groups, such as Wellspring Wednesday offerings (our community nights), social action opportunities, hikes, committee needs. Contact Susan Eyzaguirre [eyzsooz@gmail.com](mailto:eyzsooz@gmail.com) for more information.

### *November - December Offering Split*

#### **January-February Worship Service Offering Split Recipient**

In the spirit of serving our wider community, it is our practice to share our Worship Service offerings with a charitable organization whose works align with our values and principles. For January and February it is Healthy Environment Alliance of Utah (HEAL Utah). Harnessing the power of grassroots advocacy and smart policy research, HEAL engages in legislative and regulatory settings to champion clean air & clean energy, and protect Utah from nuclear, toxic, and dirty energy threats.

### *Circle Suppers*

#### **The Circle Suppers Revival!**

The theme for South Valley UUS this year is "Weaving the Web of Community". We have had many requests to bring back the Circle Supper groups that met regularly for many years, so this revival is beginning now. We are reaching out to people to host these small groups, and the intent is to have one Circle Supper meet before the end of December, with the same group meeting a second time before March 2018. If you would like to volunteer to host, please contact Lorri Quigley at [lorriquigley@msn.com](mailto:lorriquigley@msn.com).

The Board welcomes feedback from the community, so please share your ideas and suggestions as you experience these Circle Supper groups. If you are not contacted for a group and WANT to participate, again, please contact Lorri. We don't want anyone to feel left out!

### *South Valley Unitarian Universalist Society's Women's Group!*

Good news! We are beginning a new SVUUS Women's Group! The SVUUS Women's Group will meet the first Wednesday of every month (as part of Wellspring Wednesday) to share food and discussion. Every meeting will have a theme in which the conversation will be centered around. ALL women ages 18+ are invited.

### *Community Chat-Visit with Rev. Patty*

Our quarterly Community Chat meeting with Rev. Patty will take place Sunday, February 11th, after worship, about 12:30 PM. Our meeting place is yet to be confirmed so check the Order of Service or website. All are invited and your input will be welcomed!

## *Opportunities and Announcements*

### *Wellspring Wednesday*

Wellspring Wednesdays begins - Winter Session on January 10<sup>th</sup> - Winter classes run from January 10th through February 28th. Each week features a changing Do-It-Yourself (DIY) theme (knit/crochet, card making, makeup techniques, Healing Through Color, Soul Collage with Julie Vesely, and social outreach burrito making) along with these core classes.

Strategy Games with Paul Carlson - Games from all over the world will be played. Paul will bring multi-player and 2-player games, as well as the very popular co-operative games for those who don't like the competitive aspects of gaming. Paul has over 35 years of experience playing and teaching games so come and learn something new from a professional Gamer-Geek.

A Place of Wholeness, facilitated by Rev. Patty Willis - Spirit in Practice was created to help Unitarian Universalists develop regular disciplines, or practices, of the spirit—practices that help them connect with the sacred ground of their being, however they understand it. Spirit in Practice affirms religious diversity while seeking unity in our communal quest for meaning and wholeness. Whether participants follow a path they identify as Humanist, Jewish, Christian, Pagan, Theist, Atheist, Agnostic, Mystic, and/or any of the other paths we follow in our diverse congregations, the Spirit in Practice workshops offer a forum for learning, sharing, and growth that can enrich their faith journeys.

Another Perspective on Wholeness, facilitated by Cindy Martin - This will run for 3 weeks during a break by Rev. Patty and will examine the perspective of body, mind, and spirit.

Each Wednesday begins with vegan soup served at 6:00 pm, and classes are in session from 6:30 to 8:00. Childcare is provided for class participants. Soup, childcare, and most classes are free. Registration is appreciated, but not required, for most classes (exceptions will be noted each week), and standing classes can be joined anytime during the schedule.

Christine Hirrill is at the Wellspring Wednesday table next to the Happenings Hub in the Social Hall to answer questions and listen to suggestions for future classes after service on Sundays.

### *Quarterly Leadership Council Meeting*

Our quarterly Leadership Council meeting will take place in the Sanctuary Sunday, February 18th, at 12:30 PM. All leaders of committees and councils are invited to attend. This is an important meeting where the annual budget submissions will be discussed. Instructions as to how to submit your budget will be explained. Please come!

*Food Bank Sunday – February 4th*

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*First Sunday Potluck – A Tropical Luau*



## *Religious Education, Growth and Learning*

**February 2018**

### **Sunday Religious Exploration for Children and Youth**

February 4:

Butterflies (Pre-K) - "Free Play"  
Pathfinders (K-1st) - "The Gift of Protection"  
Trailblazers (2nd-3rd) - "Speak Out"  
Seekers (4th-5th) - "Courage and Conviction (Saddlebag)"  
Junior High (6th-8th) - Death Unit 2 - What Happens After Death  
High School (9th-12th) - Workshop 7:

February 11:

ALL-AGES SERVICE (everyone upstairs): Side With Love

February 18:

Butterflies (Pre-K) - "Snack"  
Pathfinders (K-1st) - "The Gift of Stewardship"  
Trailblazers (2nd-3rd) - "Get Involved"  
Seekers (4th-5th) - "Listening (Stethoscope)"  
Junior High (6th-8th) - Death Unit 3 - Death Clarifies Life  
High School (9th-12th) - Coffee Shop Sunday at Beans & Brews

February 25:

Butterflies (Pre-K) - "Storytime"  
Pathfinders (K-1st) - Children's Chapel  
Trailblazers (2nd-3rd) - Children's Chapel  
Seekers (4th-5th) - Children's Chapel  
Junior High (6th-8th) - Death Unit 4 - Choosing the Before I Die Wall  
High School (9th-12th) - Spiritual Practice: Soul Collage

**PLEASE REGISTER YOUR CHILD(REN) and YOUTH!!!**

EVERY YEAR we ask you to register your children/youth for our Sunday Religious Education program (it's an important way for us to have accurate current information, track our services, and keep in touch!). Please do this by going to <http://tinyurl.com/SVUUS-RE2017>





### Save the Date

March	3	The Big Event
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### Upcoming Events

February	4	Food Bank Sunday
February	4	First Sunday Potluck – A Tropical Luau
February	11	Community Chat with Rev. Patty Willis
February	18	Quarterly Leadership Council Meeting

### **South Valley Caring Circle**

The members of the Caring Circle provide practical support and/or pastoral care. Please contact the chair of the committee if you need or know of someone who needs our support. To ask for help you may also use the Caring Book by the name tags. The Caring Book is also for joys and concerns; we hope you will share moments from your lives.

### **CARING CIRCLE** Contact Information

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Email: [ibedotclay@comcast.net](mailto:ibedotclay@comcast.net)

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