



Volume 39, Issue 3

March, 2019

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March 3: "Hungry Ghosts: Addiction and Spirituality"	Rev. Bob LaVallee
March 10: "Fighting the Long Defeat"	Noelle Carter
March 17: "Master of Disaster?: Resilience in Hard Times"	Rev. Bob LaVallee
March 24: "Flower Communion"	Liz Martin
March 31: "Holy Fools: UU in Jokes"	Rev. Bob LaVallee

LEADERSHIP DIRECTORY

****For urgent issues please call the main office or the Caring Circle (listed further below)**

MINISTER

Rev. Robert LaVallee
minister@svuus.org
 801-327-2241

SVUUS BOARD OF TRUSTEES

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CHURCH ADMINISTRATOR

Cindy Martin 801-944-9723
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RELIGIOUS EXPLORATION

Liz Martin (Director) 801-604-2973
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 Sunday: 9:00 a.m. – 1:00 p.m.
 Tuesday: 6:00 – 9:00 p.m.
 Other hours by appointment

CARING CIRCLE

Ines Korbanka 801-979-3020
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SVUUS Web Site
www.svuus.org

SVUUS News & Community Email Lists

South Valley has two email lists, one for official announcements and the other for communications within the congregation.

If you wish to sign up for either or both of these lists, please visit: www.svuus.org/our-community/online/

To send a message to the list, simply address it to: news.svuus.org

From the Board of Trustees

Whirlwind!

That's what it's been during these past few months as we get closer to our Stewardship Pledge drive deadline. March 16th is our Pledge Drive deadline and, to celebrate, we are throwing a really fun, big party to thank all of you for your work and contributions. We needed to set this event as our deadline so that our Finance committee can have the information they need to set a budget for the next Church budget year. So, come to the "Big Event," on March 16th at 6:00 p.m. for a free dinner and entertainment! Sign up on the sign-up sheet in the Happenings Hub so we can get an accurate count of who can come to this party (or email a member of the Board). We love our community, and this is just one way to come together and celebrate who we are!

Also, part of that whirlwind that has been happening in concert with our pledge drive is our efforts to get everyone in the congregation to nominate someone they would trust to represent them on the upcoming Settled Minister Search committee. We are currently in the process of holding "cottage meetings" in various places in an effort to bring people together to discuss what this Search committee does and to submit nominations. We want to hear from everyone! It doesn't matter what committee your preferred nominee is already on or what is happening in their lives that you might think would preclude them from serving. We just want to know who you TRUST! So, please, if you haven't already nominated someone, grab a form in the lobby and fill it out. You can place it in the same box that you place the 3T cards. There are still a few "cottage meetings" left that you could also sign up for. Please participate in this endeavor since getting just the right "settled minister" is very important for our community.

As a member of the Board of Trustees, I really want to let you know that I appreciate all of your hard work in all of the various committees and jobs that come together to make this such a great community! One of the major factors that keeps me coming back and staying involved is because of the love and caring that I feel when I come and participate with you. You feed my soul on a regular basis. Please come participate with all of us and join us for our celebration on March 16th at the Big Event and get your nominations in for the Search Committee. Thank you very much!

Judith Mehr

Board Secretary



From Our Minister

Hello All - Today I'm thinking about the United Methodist Church. They're holding a special session of their General Conference February 23-27 in St. Louis to discuss "human sexuality". By human sexuality, they mean whether or not LGBTQ folks will have full worth and equal treatment within their denomination. By the time this letter is published, a decision with enormous consequences will be made.

The Religious Institute is a multifaith organization that works for justice on issues of justice in the areas of sexuality and gender in faith communities. (I was required to take their excellent class on sexuality issues for UU ministers in order to be ordained.) I received an excellent post from them on how to be an ally to LGBTQ United Methodists during this painful time. Their advice is excellent and also applies to being an ally to other folks experiencing institutional bias, so I thought I'd share a short summary here:

Don't try to fix it - Sometimes when someone shares their pain with us, they just want to be heard and affirmed. Offering solutions or strategies is a way of centering ourselves, rather than the other person and says in effect "I know better than you how to solve this." "Fixing" isn't listening or empathy.

Don't invite United Methodists to join our denomination - Inviting a United Methodist to become a UU ignores the fact that folks are United Methodist for a reason, and that they may be deeply committed to that tradition. Their belief in the beauty and good of their church is exactly why this moment is so difficult for them.

Fail forward - Being an ally is messy, tricky work, and we're going to make mistakes some time. Let's learn how to be held accountable and how to receive critical feedback. Apologize for mistakes and focus on the impacts, rather than intentions, of our words.

And I'll add a final piece of advice specifically for UUs:

Be humble and acknowledge the work that still exists for us as a faith tradition - Yes, we've been out front on being welcoming congregations for the LGB community, but we have a way to go before we can say that trans and gender non-conforming folks are always comfortable in our spaces. Let's honor the pronouns that people ask us to use, and be quick to volunteer our pronouns when we introduce ourselves. Let's examine our attitudes for bias, blind spots, and sore spots. And let's be ready to begin again in love when we mess up.

I'm grateful for this community and our commitment to a more just and caring world. I pray that the United Methodist conference will find the grace to see that all people, all of them, are sacred.

Warmly,
Rev. Bob



Opportunities and Announcements

Prayer Shawl Ministry

The prayer shawl group will hold its next meeting on Thursday, March 28, at 3:00 p.m. in the Senior High Room. Anyone who is interested in knitting or crocheting shawls or afghans to contribute to the Prayer Shawl ministry is welcome to join us. If you are interested and have questions, you can contact me at lorriquigley@msn.com.



Happenings Hub

Every Sunday after service. Visit our new Happenings Hub in the Social Hall after each Sunday Worship Service to find out about all of the goings-on in our community. You will find information and signup sheets for all kinds of activities and volunteer groups, such as Wellspring Wednesday offerings (our community nights), social action opportunities, hikes, committee needs. Contact Susan Eyzaguirre eyzsooz@gmail.com for more information.

March-April Offering Split

TBD

Monday Hikers Group

Like to hike? Join us for morning hikes, snowshoeing and cross country skiing during the winter in the Wasatch Canyons for easy to moderately paced hikes. Input on where is always welcome. Contact Rosine Oliver at rhodesignsllc@gmail.com or 801-971-2136 to be added to the email list. I will send out information during the weekend before the hike. Text or email me with questions.



Opportunities and Announcements continued

Recruiting New Talent!

The Board of Trustees is seeking to fill some important positions. If you have interest in Communications, Worship, or Young Adults, please contact Ellen Payzant on Leadership, Succession & Development (ewpayzant@gmail.com) or Ann Scarborough (annbob.scarborough@gmail.com). These are active committees with skilled team members, who are in need of your unique talent. This community is a great place to try something new, perhaps something you've never done before. Take a risk and ask for more information! The Happenings Hub in the Social Hall on Sunday mornings is another resource where your questions may be directed.

SAVE THE DATE!

SVUUS High School Group BRUNCH FUNDRAISER

For their upcoming trip to UUA General Assembly in June 2019

Sunday, March 3rd

After worship service in Social Hall

Suggested donation: \$10/person (\$6 for ages 11 and under)

Enjoy pancakes, waffles, and more yummy food with great company!

Mystery Pals 2019 is about to begin! Mystery Pals is one of the most anticipated programs of the year here at South Valley. The program encourages our members to connect in new ways and fosters communication between generations.

Mystery Pal Seniors (6th grade to Adult) and Mystery Pal Juniors (K to 5th grade) are matched as 'Pals' to make a new friend, while keeping their identities a mystery. Pals exchange letters & small gifts for 3 consecutive Sundays at the post office downstairs in the Cottonwood Cafe. Pals finally get to meet each other at our Potluck Luncheon Party on the final exchange date.

Sign up or get more information after church on March 3rd and 10th at the Mystery Pals table downstairs.





February 20, 2019

South Valley UU Society
6876 S Highland Dr
Salt Lake City, UT 84121-3045

Dear Friends:

Please convey my deepest thanks to the members of your congregation for supporting the work of the Unitarian Universalist Service Committee with the Guest at Your Table gifts of \$359.00, which we received on February 19, 2019.

With more than 70 grassroots organizations in 35 countries around the world, you and UUSC are building a world free from oppression by putting local voices and values first. Whether we are offering protections for families fleeing violence in Central America, empowering grassroots efforts to respond to discriminatory policies in the United States, protecting the rights of communities displaced by climate change, or working with refugees fleeing war and violence, your support creates lasting change across the globe for people under siege. Together, we are promoting the inherent worth and dignity of every person.

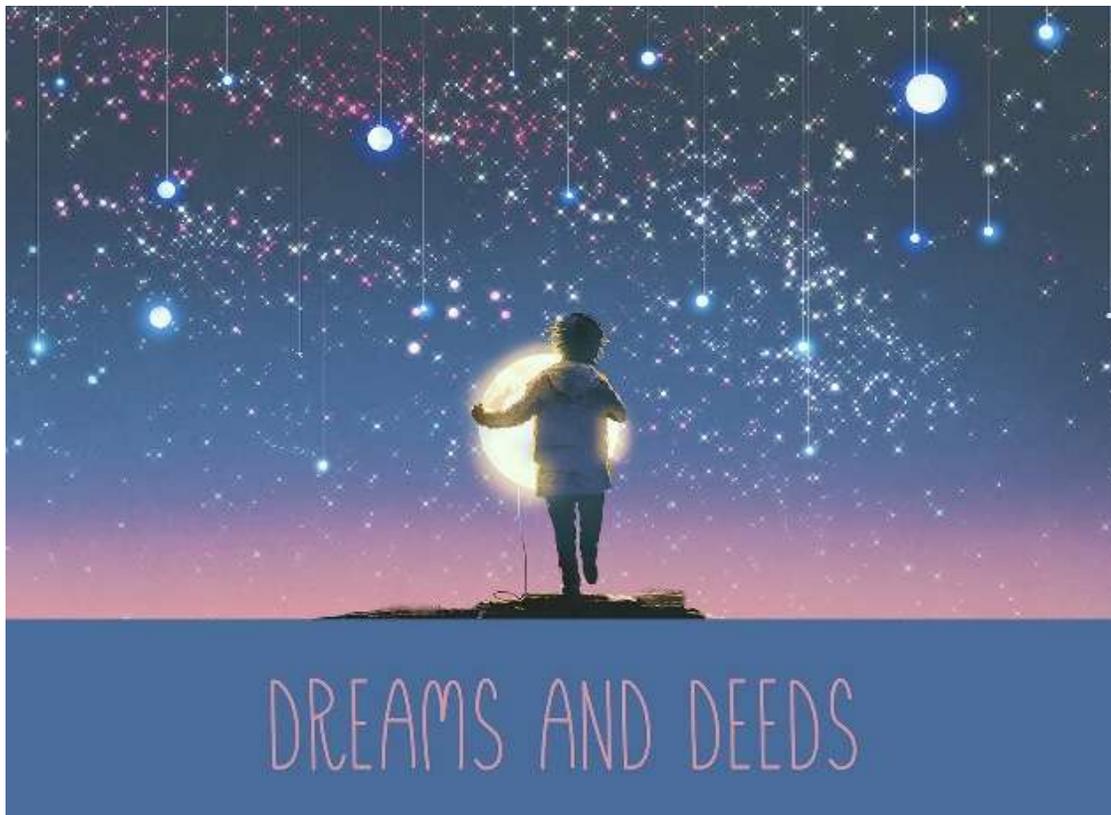
Thank you for your contribution and for joining with us as we uphold global human rights. Your faith and commitment make our success possible and inspire us all.

With much gratitude,

Rev. Mary Katherine Morn
President and CEO

This letter fulfills the 1994 IRS requirement for written substantiation of charitable contributions. The regulation requires us to state that no goods or services were provided for this gift.

The Big Event



The Big Event: Saturday, March 16 from 6:00-8:30 pm

If you haven't heard yet, our Big Event is happening March 16th from 6:00pm-8:30pm. It is a great opportunity to celebrate our beloved community and a wonderful finish to our stewardship drive. There will be music, dinner, and entertainment upstairs for the adults. There will be dinner, childcare and activities for the children downstairs.

We will also have a bar. No money from the budget can be used to stock the bar, so we will be accepting money or drink donations separately.

There is no charge for this event but we do need an RSVP so we can plan food, tables, etc. Sign up at the table next to the Happenings Hub or just reply to the signup email sent by Jill Eichbauer. If you have questions or need to have the signup form sent again, please contact Jill at jeichbauer@yahoo.com. We will finalize the numbers March 6th so don't wait, RSVP today!

Thank you and hope to celebrate with you March 16th!

Jill Eichbauer

Religious Education, Growth and Learning

Sunday Religious Exploration for Children and Youth

SUNDAY RE REGISTRATION TIME!!

We ask that every participant in our Sunday Religious Exploration classes be registered EVERY YEAR to keep our information current. Please fill out the following registration form, and let me know if you have any questions

(dre@svuus.org)

<https://tinyurl.com/SVUUS-RE2018>

Sunday RE Schedule

3/3/2019

High School (9th-12th graders): Prep for Brunch Fundraiser
 Junior High (6th-8th graders): Coming of Age - Writing a Credo
 Seekers (4th-5th graders): URUU - Source Six: Earth-Centered
 Trailblazers (2nd-3rd graders): Moral Tales - Making a Difference
 Pathfinders (Kindergarten-1st graders): Creating Home - John Murray
 Butterflies (Pre-K): Chalice Children

3/10/2019

High School (9th-12th graders): A Place of Wholeness – Soul Collage
 Junior High (6th-8th graders): Coming of Age - How UUs Make a Difference
 Seekers (4th-5th graders): Holidays and Holy Days - Mardi Gras & Ash Wednesday
 Trailblazers (2nd-3rd graders): Holidays and Holy Days - Mardi Gras & Ash Wednesday
 Pathfinders (Kindergarten-1st graders): Holidays and Holy Days - Mardi Gras & Ash Wednesday
 Butterflies (Pre-K): Chalice Children

3/17/2019

High School (9th-12th graders): A Place of Wholeness - Our Covenantal Faith
 Junior High (6th-8th graders): Coming of Age - Our Work for Social Justice
 Seekers (4th-5th graders): URUU - Source Four: What is a Minister?
 Trailblazers (2nd-3rd graders): Children's Chapel: Nowruz
 Pathfinders (Kindergarten-1st graders): Children's Chapel: Nowruz
 Butterflies (Pre-K): Chalice Children

3/24/2019

All-Ages Service: Worship Upstairs FLOWER COMMUNION

3/31/2019

High School (9th-12th graders): A Place of Wholeness - Speaking Faith
 Junior High (6th-8th graders): Coming of Age - Talking About Unitarian Universalism
 Seekers (4th-5th graders): URUU - UU Ceremonies and Rituals
 Trailblazers (2nd-3rd graders): Moral Tales - Justice for All
 Pathfinders (Kindergarten-1st graders): Creating Home - Our Worship Home
 Butterflies (Pre-K): Chalice Children



Wellspring Wednesdays

Paganism 101

Facilitated by: Mary Norton

Dates: 2/13 through 3/20

You may have seen some of the pagan songs and readings in our UU hymn book. If these glimpses into neo-paganism have intrigued you, please join me for a more in-depth exploration of this revival of Pre-Christian theology and worship in Europe. We will focus on the major pagan traditions being practiced by descendants of these ancient cultures today, namely Wicca (which is a very 'new' religion which borrowed from several older sources), Celtic Reconstructionist, Norse and Saxon (also called Asatru and Heathen respectively), Hellenic and Eclectic. If you have an interest in any other historical religion, we can discuss in class. This class is mostly for those unfamiliar with the Pagan Path, but practitioners are welcome as I don't claim to know everything about all the paths. Please note that our March 20th class will be the conducting of an actual pagan ritual honoring the Spring Equinox, which falls on that day. The ritual will be held in the Sanctuary if at all possible and will be an open rite with all welcome, including children 7 and older.

Soul Collage: Discover Your Wisdom

Facilitated by: Julie Vesely

Date: 3/13

Description: SoulCollage® is a creative and meaningful collage process. You make your own deck of cards - each collage card representing one aspect of your personality or Soul. Use the cards intuitively to answer life's questions and participate in self-discovery. Joyfully deepen your understanding of the relationships between your personality parts, you and your family/community/world, and you and your dreams, symbols, and Spirit.

Service Dogs in the U.S.

Facilitated by: Tara Briggs

Dates: 3/13 – 3/27

This class will offer a history of service dogs in the United States and what it's like to use a service dog now. The first week will be a recorded talk by Morris Frank who was the first person in the United States to ever use a service dog. He was a blind man and the dog was his seeing eye dog. The second week I will bring some puppy raisers to come and talk about what it is like to raise puppies and then to give the dogs up to be service dogs for a person with a disability. In the third week Tyler and I will talk about what our experiences have been using service dogs. Tyler received his dog at the age of 13 from canine companions for Independence. We think he was probably the youngest person in the state of Utah to receive a service dog. And I have used seeing eye dogs since high school.



Save the Date

April 7 Potluck
 April 21 Honor Rev. John Cooper
 April 28 Quarterly Leadership Meeting

Upcoming Events

March 2 10:30 am Denna Wright & Ann Scarborough hosting coffee & bagels at SVUUS Social Hall RSVP: 952-994-1790
 March 2 2:00 pm Tucker Gurney Home meeting. RSVP: tuckerted@comcast.net
 March 3 Potluck hosted by High School-Brunch Fundraiser for GA trip
 March 3 4:00 pm Ines & Juergen Korbanka home meeting RSVP: ikorbanka@gmail.com
 March 9 6:30 pm Janis Ries' home RSVP: janisries@gmail.com
 March 10 5:30 pm Jai & Spencer Hogue
 March 16 Big Event!
 March 24 Flower Communion

South Valley Caring Circle

The members of the Caring Circle provide practical support and/or pastoral care. Please contact the chair of the committee if you need or know of someone who needs our support. To ask for help you may also use the Caring Book by the name tags. The Caring Book is also for joys and concerns; we hope you will share moments from your lives.

CARING CIRCLE
 Contact Information

Chair: Ines Korbanka (801) 979-3020 or ikorbanka@gmail.com

Sandy Dreis 801-256-0825
 Mel Welliver 801-963-8258
 Peter Verschoor 801-944-1653