



Volume 39, Issue 4

April, 2019

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April 7: "Sharing"	Rev. Christian Schmidt
April 14: "Earth Day Service"	Tucker Gurney
April 19: "Modern Day Crucifixions: A Good Friday Service"	Rev. Bob LaVallee
April 21: "Renewal and Rebirth: Easter Sunday"	Rev. Bob LaVallee
April 28: "Renewing the Spirit of Healthcare: Finding Purpose and Meaning in a Labyrinth"	Rev. John Cooper

LEADERSHIP DIRECTORY

****For urgent issues please call the main office or the Caring Circle (listed further below)**

MINISTER

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minister@svuus.org
 801-327-2241

SVUUS BOARD OF TRUSTEES

Lorri Quigley, President	801-635-8900
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CHURCH ADMINISTRATOR

Cindy Martin 801-944-9723
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RELIGIOUS EXPLORATION

Liz Martin (Director) 801-604-2973
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 Office Hours:
 Sunday: 9:00 a.m. – 1:00 p.m.
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CARING CIRCLE

Ines Korbanka 801-979-3020
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SVUUS Web Site

www.svuus.org

SVUUS News & Community Email Lists

South Valley has two email lists, one for official announcements and the other for communications within the congregation.

If you wish to sign up for either or both of these lists, please visit: www.svuus.org/our-community/online/

To send a message to the list, simply address it to: news.svuus.org

From the Board of Trustees

Wikipedia claims, “theological liberalism is an attempt to incorporate modern thinking and developments, especially in the sciences, into the Christian faith. It tends to emphasize ethics over doctrine and experience over Scriptural authority.” May I add that our church includes the freedom and responsibility to freely think for ourselves, while acting with loving hearts.

I am proud of our liberal congregation and members. I observe regular “stepping up” to serve in both big and small ways. When I visit with second and third time visitors, they often comment on how welcoming we are. We also pitch in and make our church services and other events successful. I see people both helping spontaneously and willingly take on responsibility for long term general planning. We donate our time, talents, and treasures to the church liberally. To be sure, our church and its members are not perfect and each person probably knows of specific cases where we have failed in similar situations described above. While I have personally insulted, hurt, and made unwelcoming remarks, most folks know that I mean well and forgive my foibles. And, as a whole, our community exemplifies the liberal ideal.

I am also noticing our diversity more and more. Like most congregants, I disagree with a few things in our church. However, I would rather see people acting on their own consciences, rather than worry about agreement. I’m grateful for the degree of diversity that prevents our agreement on some things. That same diversity educates me. This church is clearly for the overall benefit of our free thinkers. We do and try to improve our society from personal to small groups to the whole world. This is a congregation worth serving.

Thanks,

Jan Vanderhooft



From Our Minister

Hello All,

What's the right way to deal with grief? We live in a world where we are constantly witness to THINGS THAT ARE NOT RIGHT. And that's just in the public realm. Each of us in our personal lives endures losses, betrayals, and injuries. No matter how ethically or joyfully we choose to live, at one point or another misery will knock down our door. It's a part of life, just as surely as beauty and love are parts of our lives. When (not if) loss comes, we must make decisions about how we will grieve.

I just finished a remarkable book on that subject: *H is For Hawk* by Helen Macdonald. In this memoir, Helen is devastated by the loss of her father. In the depths of her grief, she decides to train a Goshawk. (She had worked with birds of prey for years up to this, so it's not as random a decision as it seems at first blush.) As she develops a deep connection with this wild creature that is now her constant companion, she loses and then regains her humanity. In that process comes healing and a deeper self-awareness. It's a gorgeous, fascinating read and I highly recommend it.

I suspect that for most of us at South Valley, choosing to train a hawk is not a realistic option for grieving. Every day I talk with people from this congregation who are either actively grieving or still holding a tender spot from some previous loss. I'm always struck by both the heartbreak and the resilience that folks demonstrate. And while we often experience similar losses, I see how grieving is a deeply personal process. Everyone must find their own path back to wholeness. I encourage people who are grieving now to express their grief in the way that suits them now, as they are. It can be conventional or weird or even involve a hawk. Whatever the path out of grief requires, follow it. The only way out is through.

If you're in the middle of grief and are struggling to make sense of it, or simply need a sympathetic ear, I'm here for you. Send me an email at minister@svuus.org and let's talk. I'm holding you all in the heart of love.

Warmly,
Rev. Bob



Search Committee Update

The Board of Trustees wants to express appreciation to everyone who submitted nominations for trusted people to serve on the Search Committee for our settled minister. We had an extensive list of nominees which just shows how many great people we have in our congregation. The Board has been following the process recommended in the UUA Settlement Handbook to narrow the list of nominees and we hope to have our final seven committee members selected by April 1st. The final step in the search committee selection process is to have the committee affirmed at the annual congregational meeting on May 19.

As part of the search for a settled minister, South Valley has been assigned a Transitions Coach. Transitions Coaches are usually ministers who have been through the search process or members of previous search committees. The main role of the coach is to assist the congregation and the search committee as we progress through the process over the next year.

Our coach is Rev. Christian Schmidt from the UU Church of Berkeley. Those of you who are long time members will be interested to know that the Revs. Barbara and Bill Hamilton-Holway are the Ministers Emeriti of this church, having retired from active ministry there in 2014. So, we definitely have a connection to UUCB.

Reverend Schmidt will be visiting our congregation on Sunday, April 7th. He has already met via videoconferencing with the board and has done an exit interview with Rev. Patty Willis and with the board. Now it is time for him to become more directly involved with our congregation and our search committee. While Rev. Schmidt is here, he will:

- Conduct the Sunday service beginning at 10:30 a.m.
- Attend the First Sunday potluck from 11:30 – 12:15.
- Attend and address interested congregants at our Community Chat from 12:15-1:15.
- Meet with the Board of Trustees from 1:30 until approximately 3:00 p.m.

We are looking forward to welcoming Rev. Schmidt to South Valley. We hope you will all join us greeting him and chatting with him on Sunday, April 7th!

Lorri Quigley, President

Board of Trustees



Opportunities and Announcements

Prayer Shawl Ministry

The prayer shawl group will hold its next meeting on Thursday, April 25, at 3:00 p.m. in the Senior High Room. Anyone who is interested in knitting or crocheting shawls or afghans to contribute to the Prayer Shawl ministry is welcome to join us. If you are interested and have questions, you can contact me at lorriquigley@msn.com.

Happenings Hub

Every Sunday after service. Visit our new Happenings Hub in the Social Hall after each Sunday Worship Service to find out about all of the goings-on in our community. You will find information and signup sheets for all kinds of activities and volunteer groups, such as Wellspring Wednesday offerings (our community nights), social action opportunities, hikes, committee needs. Contact Susan Eyzaguirre eyzsooz@gmail.com for more information.

March-April Offering Split

Wildlife Rehabilitation Center of Northern Utah

Dedicated to the care and rehabilitation of wildlife with the goal of releasing them into their natural habitats. They served more than 2500 birds and small mammals in 2018. They provide wildlife and environmental education programs to our larger community here in Utah.

Monday Hikers Group

Like to hike? Join us for morning hikes, snowshoeing and cross country skiing during the winter in the Wasatch Canyons for easy to moderately paced hikes. Input on where is always welcome. Contact Rosine Oliver at rhodesignsllc@gmail.com or 801-971-2136 to be added to the email list. I will send out information during the weekend before the hike. Text or email me with questions.

Pathway to Membership

Are you considering becoming a member of SVUUS? What does it actually mean to be a member of a UU congregation? Learn about the privileges, benefits and responsibilities of membership with the members of the South Valley Membership team after services on Sunday, April 14, 12:15 p.m., for approximately 1 hour. Contact Scott Renshaw (scottr@cityweekly.net) if you are interested, or for any questions.

Building Dedication ★ ★ ★ ★ ★

Magic Valley Unitarian Universalist Fellowship

Building Dedication – Saturday, April 13, 2019 at 3pm, 160 9th Avenue East, Twin Falls, ID 83301

Please mark your calendars and join us to celebrate a great joy of owning our first home, something our fellowship members have dreamed of for 25 years. We'll begin with a building dedication ceremony and follow it up with food, beverages, and conversation. Child care will be provided during the ceremony. The more, the merrier! We look forward to celebrating with you!

Earth Day Potluck

Since Earth Day is in April, we thought we'd request that everyone bring low carbon-impact dishes to our April potluck. This typically means Vegetarian or Vegan foods, though you can stretch the rules by making a dish that uses fish or a low amount of meat. We hope you see this as an opportunity to try out some new recipe and learn some as well. We'll create a low carbon-impact recipe bank for those that are willing to share.

Helping Seniors - Here is an opportunity for those interested in helping Seniors run by the city. The program is looking for helpers for their Senior Companion Program. Specifically they are looking for foster grandparents and Senior Companions. One can volunteer; however, there is a stipend for those of low income. The contact person at the City is: Rose Marie at 385 377-7299 or Ellen Payzant at 617 797-9993.

Opportunities and Announcements continued

Recruiting New Talent!

The Board of Trustees is seeking to fill some important positions. If you have interest in Communications, Worship, or Young Adults, please contact Ellen Payzant on Leadership, Succession & Development (ewpayzant@gmail.com) or Ann Scarborough (annbob.scarborough@gmail.com). These are active committees with skilled team members, who are in need of your unique talent. This community is a great place to try something new, perhaps something you've never done before. Take a risk and ask for more information! The Happenings Hub in the Social Hall on Sunday mornings is another resource where your questions may be directed.

Calling all young choristers!

We are getting the youth choir up and running again...Hooray (the crowd went wild)! Our FABULOUS Music Director, John Bergquist, will be leading our intrepid youth. We will be having rehearsals 3 Sundays a month, at 10 a.m. These will be on the days the choir is singing, and we will let y'all know by email when these will be. If you are interested, please send me an email (bowers.krista@gmail.com), so we can get you on the email list. Or just show up next Sunday, at 10, and we will get your info then. We will also have a sign-up sheet downstairs after services at the Happenings Hub, or just find Krista Bowers and let her know. Wow...so many ways to sign up!

Mystery Pals 2019 is about to begin! Mystery Pals is one of the most anticipated programs of the year here at South Valley. The program encourages our members to connect in new ways and fosters communication between generations. Mystery Pal Seniors (6th grade to Adult) and Mystery Pal Juniors (K to 5th grade) are matched as 'Pals' to make a new friend, while keeping their identities a mystery. Pals exchange letters & small gifts for 3 consecutive Sundays at the post office downstairs in the Cottonwood Cafe. Pals finally get to meet each other at our Potluck Luncheon Party on the final exchange date.

UTAH FOOD BANK - Service Opportunity (for ages 6 and up!) Saturday, April 13

Did you know that one in eight Utahns are at risk of missing a meal today? We can help by supporting the Utah Food Bank - volunteer with us on Sat, Apr 13, from noon to 1 pm. Meet at 11:50 am at the Utah Food Bank Warehouse, located at 3150 South 900 West, SLC. We likely will sort and/or box food donations. Volunteer slots are limited, so please sign up at the Happenings Hub after church on Sundays, or contact Elaine Totten at Elaine.totten@yahoo.com. Bring with you some nonperishable food items to donate! If you can't join us, we'll have a box in the foyer to collect your food donations that we will deliver for you.

Utah Food Bank has served those in need throughout our state for more than 115 years, providing food to families, seniors, and children. They provide food free-of-charge to a number of local partner agencies, including the VOA Youth Resource Center where we prepare and serve 4 meals/month. The Food Bank provides emergency food assistance, and has programs especially for children and youth, including a weekend backpack program, Kid's Café for afterschool care centers, and a mobile food pantry for schools. -Sponsored by our South Valley Social Action Council

South Valley,

We have been contacted by UU Mass Action to help with providing food and water to those who are being released from Border Patrol/ICE detention and put on busses that stop in Salt Lake. They most often have a bus ticket but have no resources for food and drink. We need a point person to participate in a training class and to be contacted when the migrants are headed to Salt Lake, and a few people who are available to take supplies to the travelers at the bus depot. Please contact Elaine Totten directly at elaine_totten@yahoo.com elaine(underscortotten)with your interest and availability. We urgently need volunteers.

Community Chat with Rev. Christian Schmidt - Sunday, April 7th

The third quarterly Community Chat is scheduled for Sunday, April 7th. It will be our opportunity to meet our Religious Transitions Coach, Rev. Christian Schmidt. Please plan to attend to ask questions about our search for a new settled minister, what the process is, how the search committee works, and how the congregation will be involved. Please join us in the Sanctuary, after the Social Hour, at 12:15 p.m. on Sunday, April 7th.

Opportunities and Announcements continued

BOOK GROUP - April 22, book to be reviewed, "Educated", June 17, Michelle Obama's "Becoming", and Spent. 23, book, "The gentleman in Moscow". Meeting in Social Hall at 7:00PM. There will be treats. RSVP for meetings.



UUA GENERAL ASSEMBLY Spokane, Washington June 19-23, 2019

As an attendee of previous General Assemblies, you know that GA is an unforgettable experience shared between thousands of fellow Unitarian Universalists. We hope you will be joining us again this June as we gather together in Spokane, WA. This year, in addition to Theme-Based Programming, the schedule will feature Role-Based Track Programming, including time for discussion among attendees, sharing inspiring models and stories, and concrete suggestions for how to further the work or "take it home."

In order to help spread the word about General Assembly to your UU networks, we have assembled [promotional resources](#) for GA 2019 in Spokane.

Promotional Materials

[GA Flyer and Talking Points](#) for presentations (PDF, 2 pages)

[GA Poster](#) (PDF)

[GA Text for a Newsletter or Bulletin](#) (docx)

[Spokane Quick Facts](#) (PDF)

[Spokane Top 10 Things to Do](#) (PDF)

[Spokane Promotional Copy Ideas](#) (PDF)

Promotional Videos - [GA 2019: The Power of We](#)

[Spokane Promotional Video](#) from Travel Spokane

[Rev. Dr. Todd F. Eklof welcomes](#) Unitarian Universalists to Spokane, on behalf of the Unitarian Universalist Church of Spokane

Additional Materials - Information for [first-timers](#)

[Images](#) from General Assembly 2018

[UU World coverage](#) of General Assembly 2018

Religious Education, Growth and Learning

Sunday Religious Exploration for Children and Youth

SUNDAY RE REGISTRATION TIME!!

We ask that every participant in our Sunday Religious Exploration classes be registered EVERY YEAR to keep our information current. Please fill out the following registration form, and let me know if you have any questions

(dre@svuus.org)

<https://tinyurl.com/SVUUS-RE2018>

Sunday RE Schedule

4/7/2019

High School (9th-12th graders): Spiritual Practice Sunday

Junior High (6th-8th graders): Coming of Age - The Meaning & Practice of Leadership

Seekers (4th-5th graders): URUU - Mothers of Our Faith

Trailblazers (2nd-3rd graders): Moral Tales - Courage

Pathfinders (Kindergarten-1st graders): Creating Home - Comings & Goings

Butterflies (Pre-K): Chalice Children

4/14/2019

High School (9th-12th graders): Workshop 12: Wholeness

Junior High (6th-8th graders): Coming of Age - Leadership in Congregational Life

Seekers (4th-5th graders): Holidays and Holy Days - Passover

Trailblazers (2nd-3rd graders): Holidays and Holy Days - Passover

Pathfinders (Kindergarten-1st graders): Holidays and Holy Days - Passover

Butterflies (Pre-K): Chalice Children

4/21/2019

All-Ages Service: Worship Upstairs EASTER SUNDAY

4/28/2019

High School (9th-12th graders): Coffee House Sunday at Beans & Brews on Ft. Union

Junior High (6th-8th graders): Coming of Age - Finalizing Your Credo

Seekers (4th-5th graders): URUU - Recognizing and Honoring Diversity

Trailblazers (2nd-3rd graders): Moral Tales - Courage & Perseverance

Pathfinders (Kindergarten-1st graders): Creating Home - Muhammad

Butterflies (Pre-K): Chalice Children



Save the Date

- May 5 Monthly Potluck to Honor Hospitality
- May 5 Library Book Sale
- May 7 LifeTouch Photo Shoot for new directory
- May 19 Bridging and Youth led service
- May 19 Annual Congregational Meeting
- June 2 Shared service at First UU and Pride Parade
- June 8 Kaed Croxford Eagle Scout Project-Red Cross Blood Drive and Car Wash
- June 9 Annual Church Picnic
- June 20-22 General Assembly
- June 29 Farewell Party for Rev. Bob and Liz
- June 30 Gathering and Release Celebration-Final service with Rev. Bob and Liz
- Aug. 30-Sep 2 Labor Day Campout

Upcoming Events

- April 7 Earth Day Potluck/Rev. Christian Schmidt preaching
- April 7 Community Chat with Transitions Coach
- April 13 Utah Food Bank Volunteer Day
- April 14 Pathway to Membership Class
- April 21 Reception honoring Rev. John Cooper
- April 21 Leadership Council Meeting
- April 28 Quarterly Leadership Meeting

South Valley Caring Circle

The members of the Caring Circle provide practical support and/or pastoral care. Please contact the chair of the committee if you need or know of someone who needs our support. To ask for help you may also use the Caring Book by the name tags. The Caring Book is also for joys and concerns; we hope you will share moments from your lives.

CARING CIRCLE

Contact Information

Chair: Ines Korbanka (801) 979-3020 or
ikorbanka@gmail.com

Sandy Dreis	801-256-0825
Mel Welliver	801-963-8258
Peter Verschoor	801-944-1653