



Volume 40, Issue 12

December 2020



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SVUUS EDITORS:

Beacon-
admin@svuus.org

For information on the
Happenings email newsletter,
the web site or our email lists,
please contact
communications@svuus.org



December 6: Blessing of the Animals	Rev. Lora Young
December 13: (YOU ARE) Already Enough!	Rev. Lora Young
December 17: Blue Christmas	Rev. Lora Young
December 20: Winter Solstice	Rev. Lora Young & CUUPS
December 24: Letting in the Light	Rev. Lora Young
December 27:	Lay Leader



LEADERSHIP DIRECTORY

****For urgent issues please call the main office or the Caring Circle (listed further below)**

MINISTER

Rev. Lora Young

minister@svuus.org

385-215-9722

SVUUS BOARD OF TRUSTEES

Sophia Hawes-Tingey, President 801-440-0584
 Zach Stickney, Vice President 801-888-2596
 Scott Renshaw, Mentor 801-619-0814
 Sarah Nicholson, Treasurer 801-898-0547
 Bubble Emerson, Secretary 630-386-0313
 Denna Wright, Trustee 801-274-0756
 Juergen Korbanka, Trustee 801-367-7964

CHURCH ADMINISTRATOR

Cindy Martin 801-944-9723
 Email: admin@svuus.org
Office Hours:
Tuesday & Thursday 12:00–5:00 pm
Friday 8:00-1:00pm
***Third Wednesday of the month 2:00-6:00pm**
**** Third Wednesday of the month 8:00 am – 12:00 pm**

RELIGIOUS EXPLORATION

Rebecca Britt, Director of Religious Exploration 801-214-8340
 Email: dre@svuus.org

CARING CIRCLE

Maureen Davies 801-273-8536
 Email: Maureen.davies@comcast.net

SVUUS Web Site
www.svuus.org

SVUUS News & Community Email Lists

South Valley has two email lists, one for official announcements and the other for communications within the congregation.

To send a message to the list, simply address it to: community@svuus.org

From the Board of Trustees

As you read this, we sit squarely between two traditional holidays of the year, Thanksgiving and Christmas/Hanukkah/Kwanzaa/Chalica. We have also honored International Transgender Day of Remembrance together, made our voices heard via the ballot box, and are hoping for a peaceful transition of power. While there are some problematic issues with the true story of Thanksgiving on the American shores, which included stories of colonization, imperialism, and massacre, we can still find spiritual guidance in this time and honor the indigenous forbears and their descendants by practicing active gratitude. In the Native American tradition, active gratitude requires a conscious reciprocation of the things that we receive. Everything that we receive is considered a gift by that which produces it and we show our appreciation for that which we receive by intentionally recognizing the gift and making sure that we make conscious decisions to support the continued production of such gifts. There are so many things that we can do, like drive a hybrid/electric vehicle or take mass transit to show gratitude for clean air, to only buy free range eggs to show gratitude for the chickens and those who support them, to support not polluting the water to show gratitude for the water, a living wage for people who produce and deliver our foods, and so much more.

2020 has indeed been the year of hindsight. Companies have learned to move toward remote work, taking stress off our environment. I started seriously working out two to four times a week, and started crockpot cooking once again, things that I have put off for so long, and am now making a regular part of my life. We have learned to adjust, and I am hopeful that we have made it past the halfway point. We have learned to survive and to thrive. I miss face-to-face communication and advocacy, but know it must wait a bit longer.

The minister, the board, and I are anxiously working to make plans to progressively reopen the sanctuary safely so that we can once again meet in person. There has been so much loss and we can only benefit from the mutual support of a caring and inclusive community. I have lost my stepson to suicide and a dear friend to Covid-19. With the latest surge in Covid-19 cases, I do not believe the time is quite right to reopen the sanctuary. As conditions improve, I look forward to small ministry projects that allow us to meet once again and I am looking forward to the Covid-19 Task Force helping to develop a set of metrics that will guide us on a strategy to determine when we can be more expansive and when we need to be more restrictive. This has been a tough year for us all, and I do have confidence that things will get better, we will come out of this stronger, more spiritual, and wiser; and when we do we will be more connected than ever, as a congregation, and as a spiritual family.

Sophia Hawes-Tingey,

President, Board of Trustees

Opportunities and Announcements

Prayer Shawl Ministry

The prayer shawl group will hold its next meeting on Thursday, December 17, 2020 at 2:00 pm. Anyone who is interested in knitting or crocheting shawls or afghans to contribute to the Prayer Shawl ministry is welcome to join us. If you are interested and have questions, you can contact me at lorriquigley@msn.com.

Sacred Seniors Friday, December 11, 2020

You are invited to a time to Check in, Pray, Meditate, Uplift and Heal. This group will meet every other week. Go to <https://zoom.us/j/97831534749> On your phone or tablet, open the Zoom app and enter Meeting passcode 84121

To call in (audio only), dial 669-900-6833 and enter Meeting ID <https://zoom.us/j/97831534749>
Enter the passcode 84121 -Cindy Martin admin@svuus.org

SVUUS Offering Split Recipient for September - October

It is our practice here at South Valley to share our worship service offering with an organization that shares our values and principles. For November and December, we have selected YWCA Utah as our offering split recipient. This organization is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom and dignity for all. Their comprehensive family violence services offer adults and children safety, support, and meaningful opportunities to build violence-free lives. They also provide leadership and community education programs, such as the compelling 21-Day Racial Equity and Social Justice Challenge (materials are still available on their website) that many of us participated in this past July. This community education program provides guidance for individuals and groups to dedicate time and space to explore and learn about racial equity in meaningful ways and build more effective social justice habits. Please give generously as we support this fabulous organization that is working tirelessly for social justice in our wider community! You may learn more about this fabulous organization at www.ywcautah.org

Your South Valley Social Action Council

Help with South Valley Communications

Do you have skills with Zoom, website and database management, and other tech-savvy talents you want to share with the SVUUS community? Or, are you a go-getter who wants to learn some of these skills to help the community and apply them in your own life?

The SVUUS Communications team is looking for new members, and we would be glad to have you join! There's even the possibility of transferring to a leadership role, where you can help shape the future of communications within our community – a vital, creative, and fulfilling role.

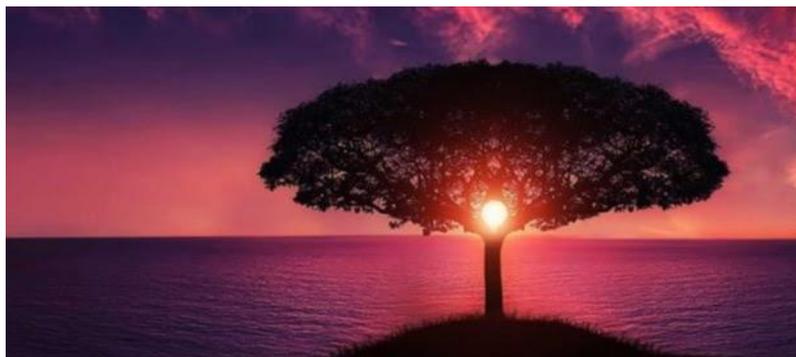
If you're interested, please contact Zachary Stickney (zjstickney@gmail.com) for more information.

Book Group

Next book for review is "The Giver of Stars" by JoJo Moyers to be conducted on Zoom on Monday January 18th, 2021. at 7: pm.

RSVP to Janis Ries at: janisries@gmail.com so you will be sent a link for the Zoom meeting.

Opportunities and Announcements Continued



In a time where taking on one more zoom call might feel like too much, let us support one another in creative and joyful ways—think a short meditation, a musical offering, a favorite poem or reading—these can be offered live in a short zoom session or pre-recorded and sent out via our FB group or the @community on the SVUUS listserv. Please contact Rev. Lora with your ideas and to be added to the calendar of offerings!

Centering Prayer w/Rev. Lora: Wednesdays @ 12:30pm and Fridays @ 7:30am

Each session will open with a chalice lighting, short check-in/support requests and then a 10 minute practice. Short and sweet, but enough to get you reconnected and recharged for your day. No experience needed, no belief required, just an open heart and desire to connect with one another. Want to know more about Centering Prayer? Check out this youtube video: <https://youtu.be/3IKpFHfNdnE>

Wednesday Centering Prayer with Rev. Lora

Join Zoom Meeting <https://zoom.us/j/91820702979>

Meeting ID: 918 2070 2979 Passcode: 84121

Friday Centering Prayer with Rev. Lora

Join Zoom Meeting <https://zoom.us/j/92046929414>

Meeting ID: 920 4692 9414 Passcode: 84121

Save the Date

Upcoming Events

Dec.17	Blue Christmas
Dec.24	Christmas Eve Service "Letting in the Light"

South Valley Caring Circle

The members of the Caring Circle provide practical support and/or pastoral care. Please contact the chair of the committee if you need or know of someone who needs our support. To ask for help you may also use the Caring Book by the name tags. The Caring Book is also for joys and concerns; we hope you will share moments from your lives.

CARING CIRCLE
Contact Information

Chair: Maureen Davies: 801-273-8536
Maureen.davies@comcast.net

Sandy Dreis	801-256-0825
Mel Welliver	801-963-8258